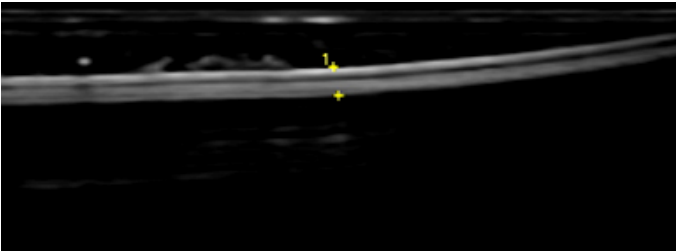
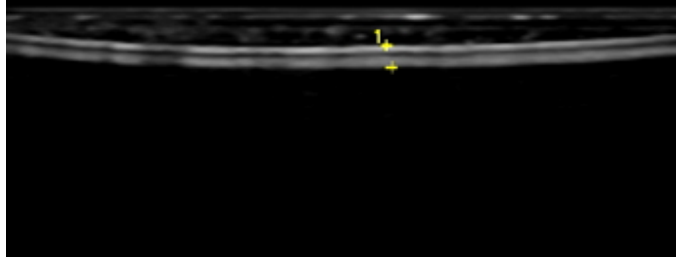


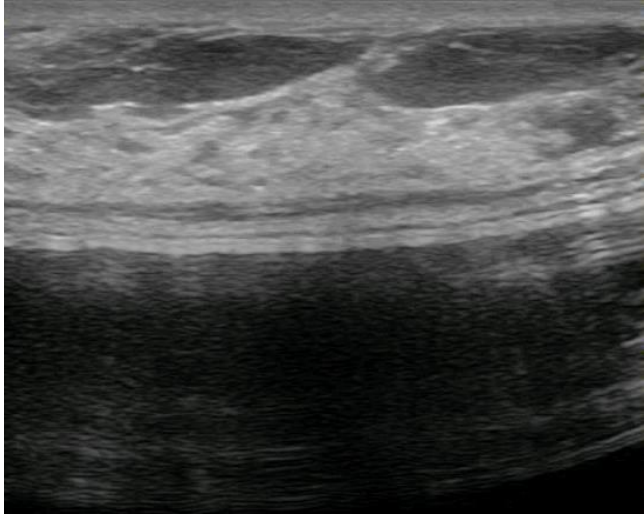


ASAPS Instructional Course – New Orleans 2019



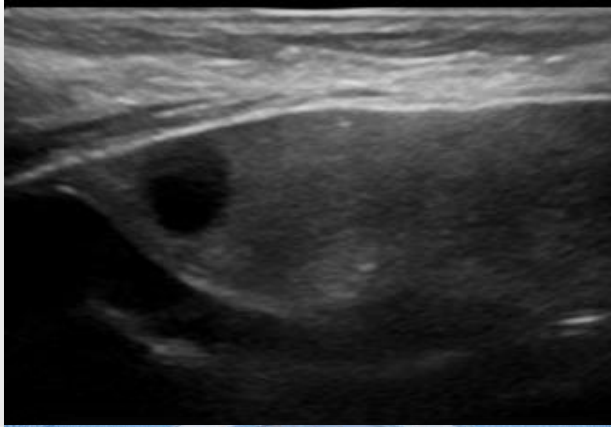
- Everyone needs a good implant screening system:
  - FDA
  - Manufacturers
  - Plastic Surgeons
  - Patients
- Requires a reliable hardware platform, a Hi Res transducer 8-16 MHz, Software platform for plastic surgeons
- Implant & HRUS technologies are converging
  - Implants more cohesive & higher fill
  - Ultrasound technology more accurate

# Current State of HRUS



- Ultrasound and Image guided procedures are gaining acceptance

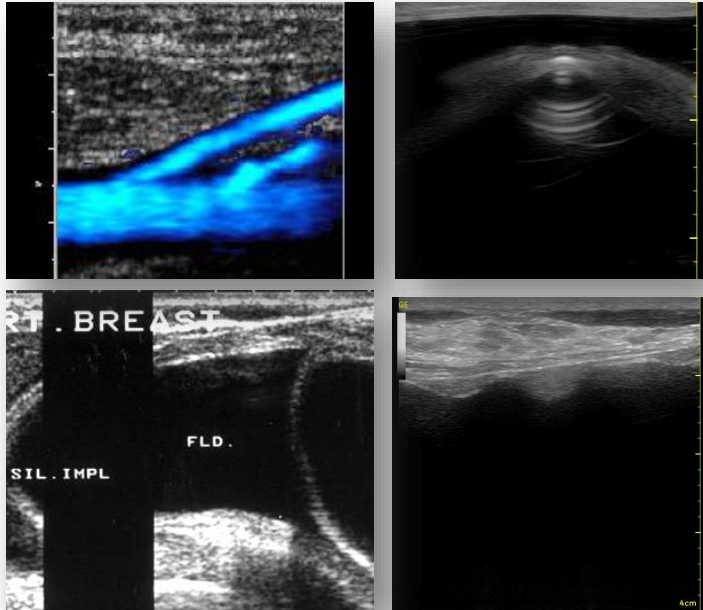
*Ultrasound has been popular as an alternative to MRI. The advantages include decreased cost and time; no pain, dynamic screening options and increased patient compliance for breast implant monitoring*



# PS Opportunities

- Breast Implant - Shell failure
- Breast Implant – Rotation
- Breast Implant – Gel Fracture
- Seroma vs. Swelling Breast
- Hematoma – Acute Trauma
- Tissue Expander Port ID
- Implant Capsule/ADM evaluation
- Fat Transfer Guidance & Evaluation
- Breast Evaluation – General

# Additional Applications



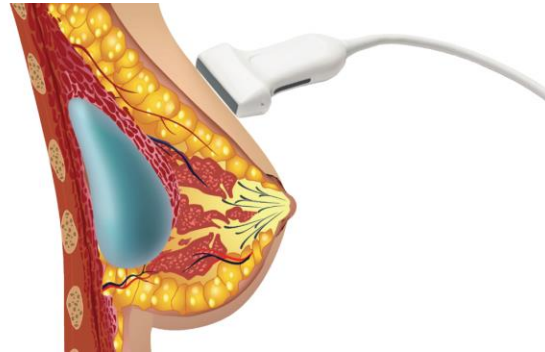
- Seroma ID body vs edema
- Lap-band ports - ID other ports
- Mandible/Facial fractures
- Hand Fractures and management
- Vein identification & ablation
- Muscle ID for Botox – Corrugators
- Future Research

# It's an Entire System

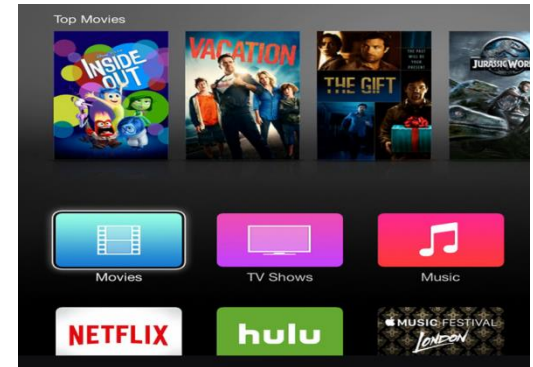
- Ultrasound Hardware



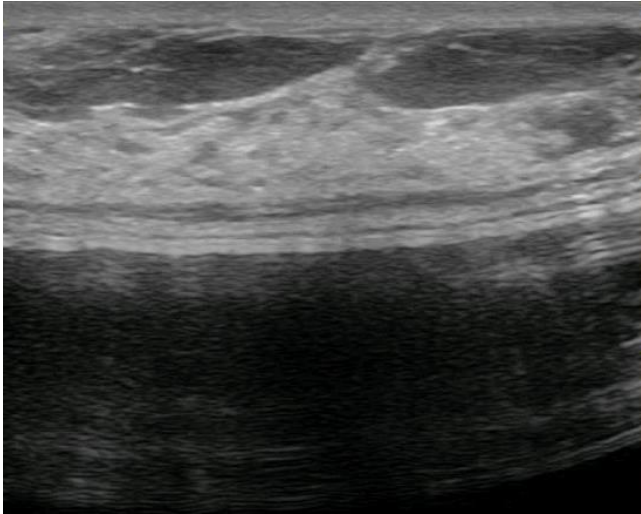
- Hi Frequency Transducer



- Software Platform

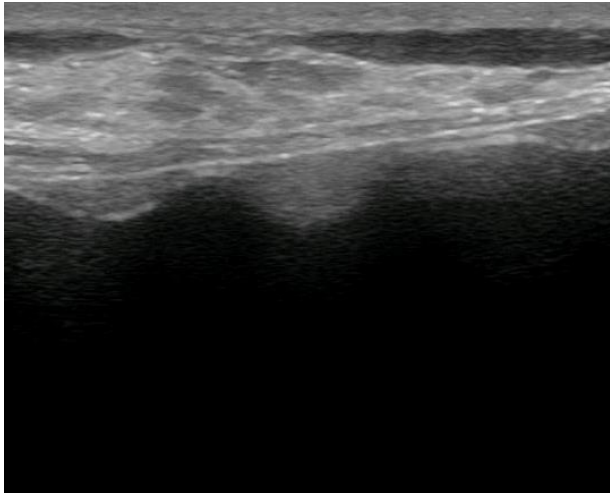


# Basic Requirements



- Reasonable Cost
- Reliable/ minimal downtime
- Straightforward to navigate
- High quality images
- Resource library
- Training and follow-up
- Good support and follow-up
- Continued enhancements
- Eventual Accreditation

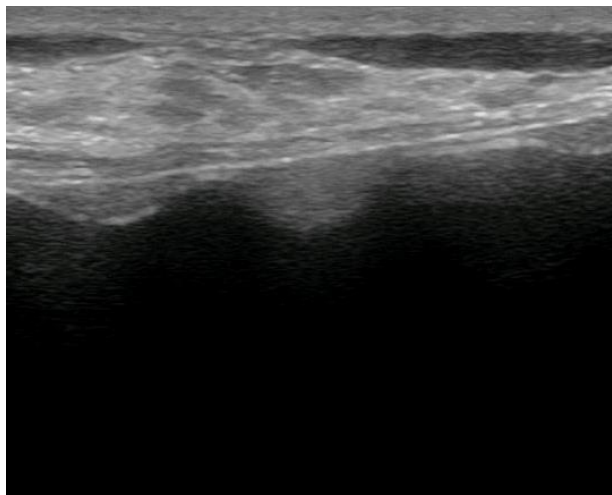
# Software Suggestions



- Each application will have optimized initial settings
- Have basic adjustments easily accessible: Depth, Brightness, Sharpness...with Toggle bar
- Easy database search
- Save as .jpeg .tiff .mov ...
- \*Wifi connectivity to send directly to email, patient chart - EMR



# Library of Comparisons



- Have smooth-textured-intact images
- Seroma images, etc. that can be brought up to compare to current imaging patient
- Easy transfer of images



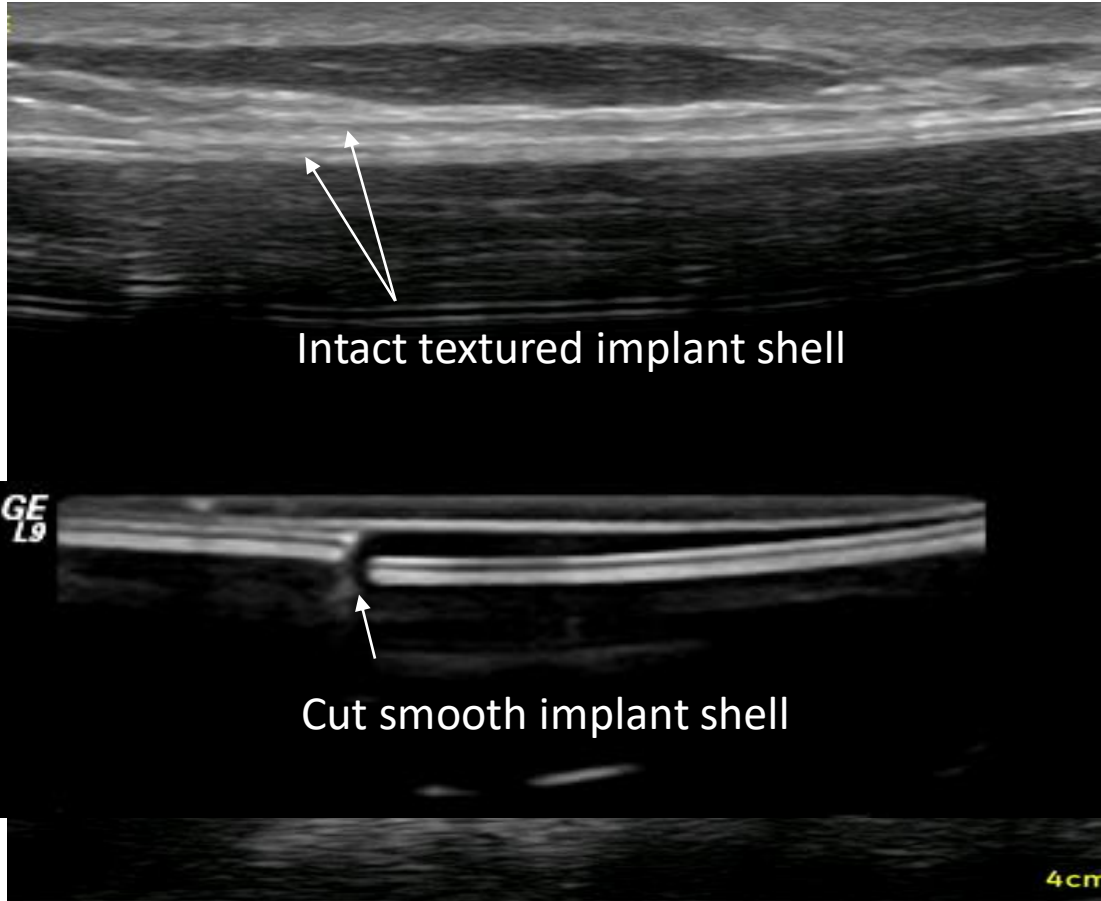
# PS Applications

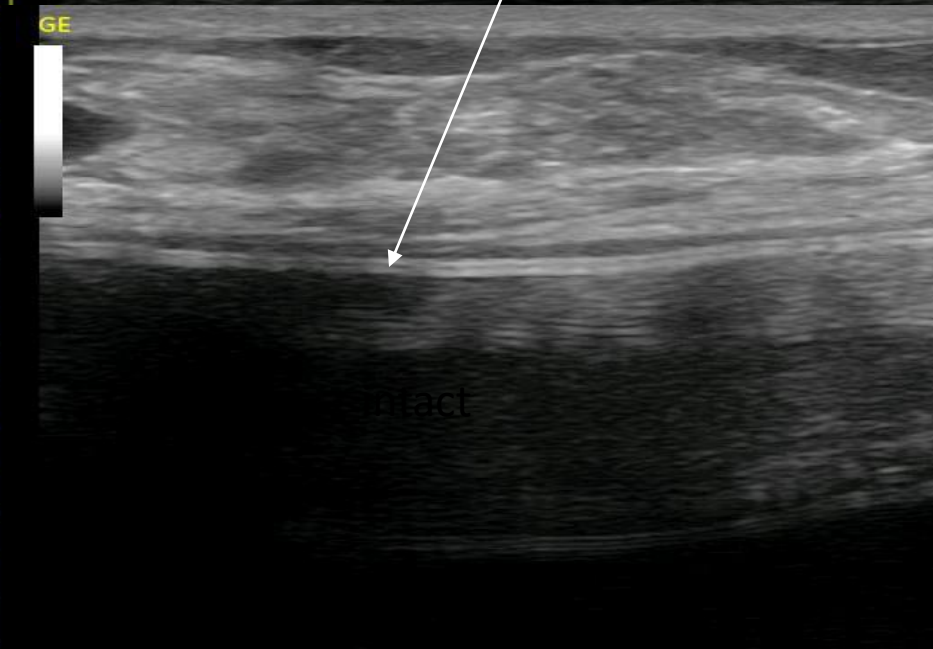
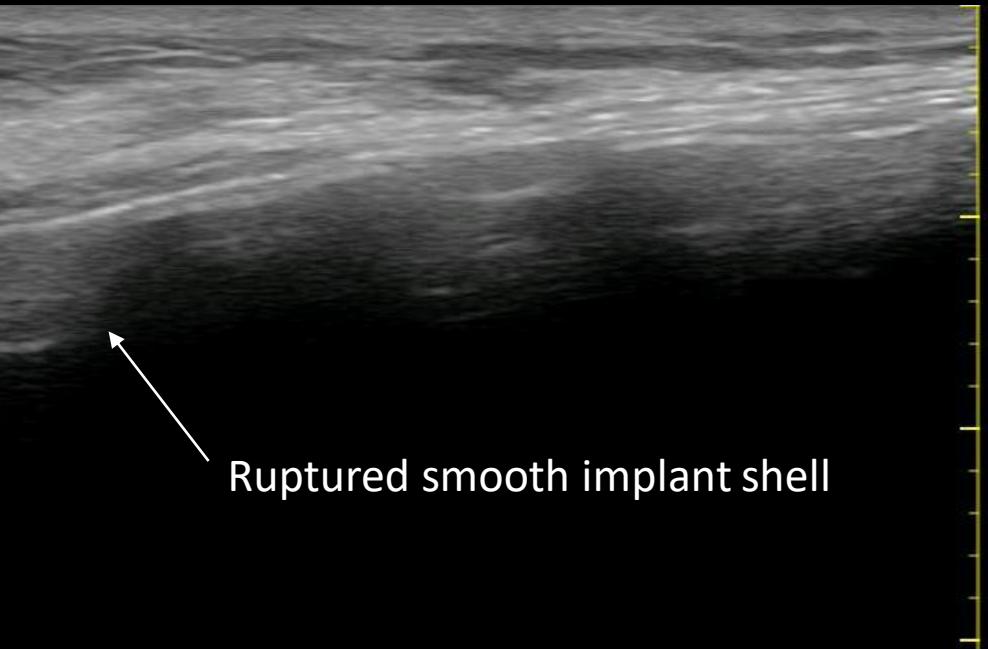
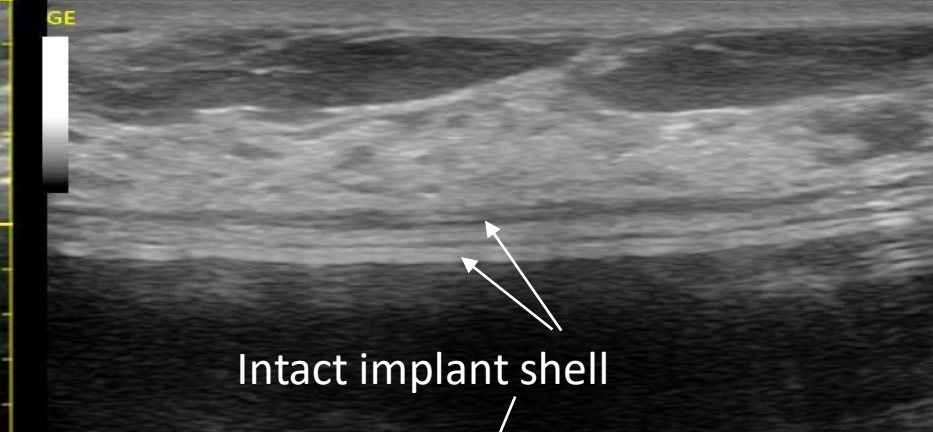
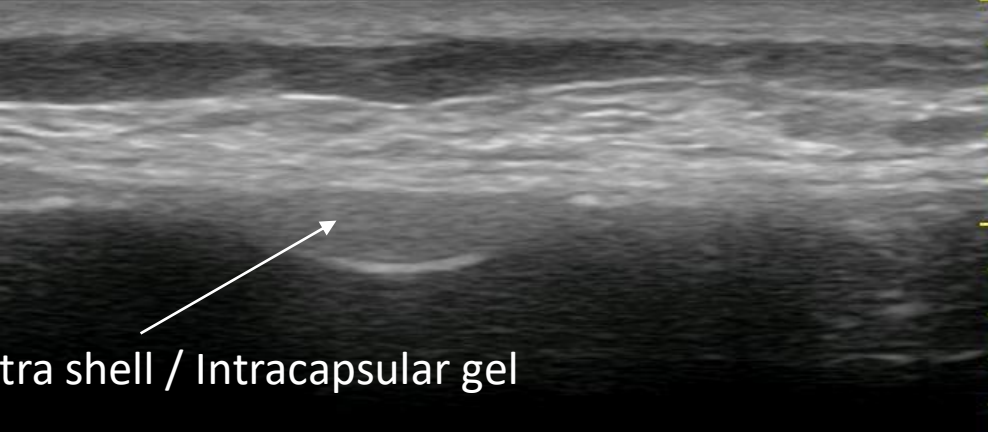
- Breast Implant - Shell failure
- Breast Implant – Rotation
- Breast Implant – Gel Fracture
- Seroma vs. Swelling Breast
- Hematoma – Acute Trauma
- Tissue Expander Port ID
- Implant Capsule/ADM evaluation
- Fat Transfer Guidance & Evaluation
- Breast Evaluation – General
- Future & Other Applications

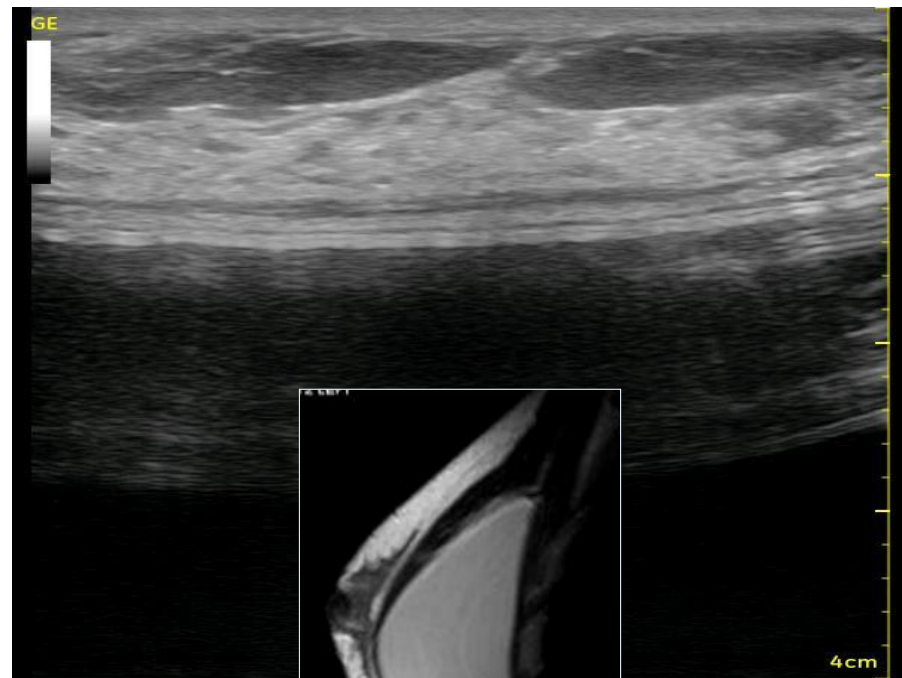
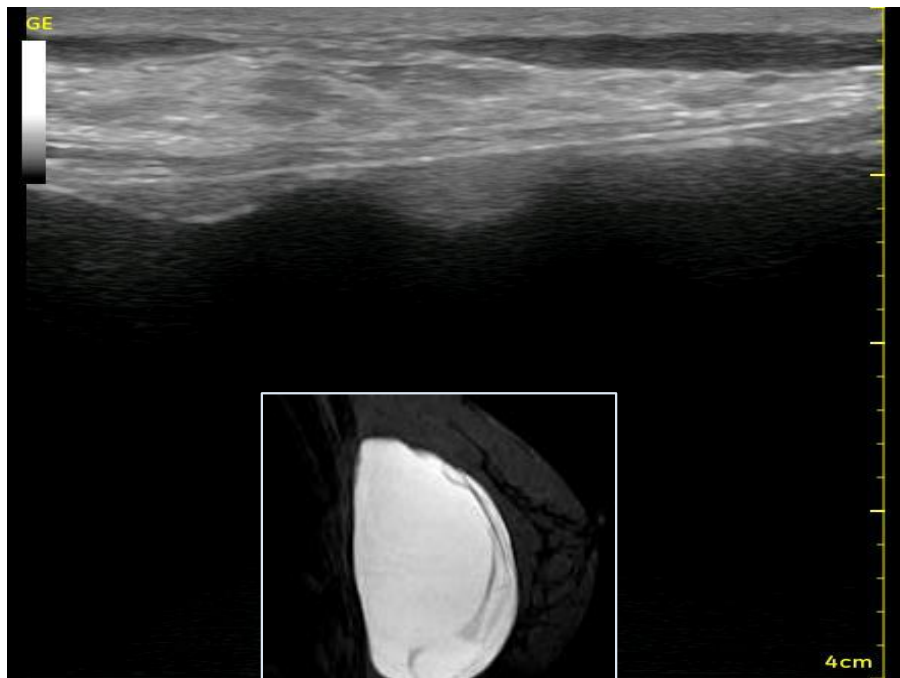


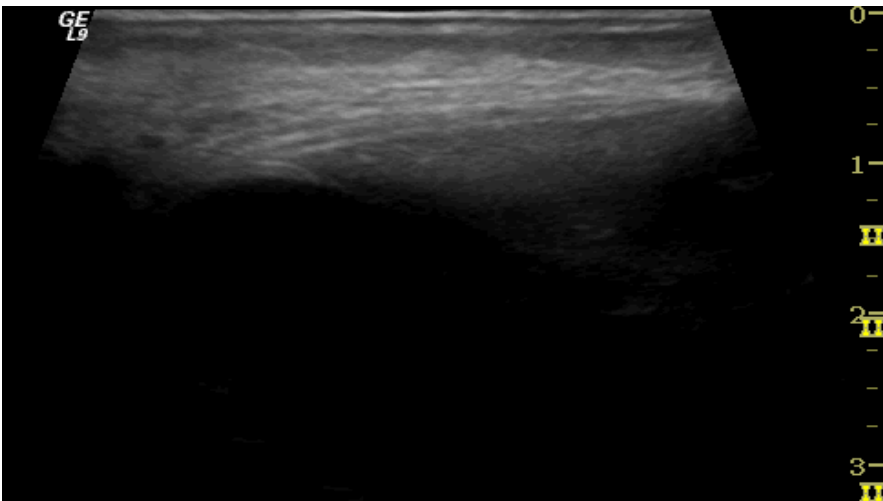
# ROI Potential

- Whoever dx the rupture does the revision
- Could charge \$500-1000 /pt to screen their devices for life or charge per screening (I put in \$1000 for lifetime screening but then back out to show it has value)
- Get patients back in office yearly to screen purchase products---add surgery-products
- Charge insurance for ultrasound drainage of seromas---looking into charging insurance for implant screening
- Define breast swelling vs Fluid collection
- Patient piece of mind = “Priceless”

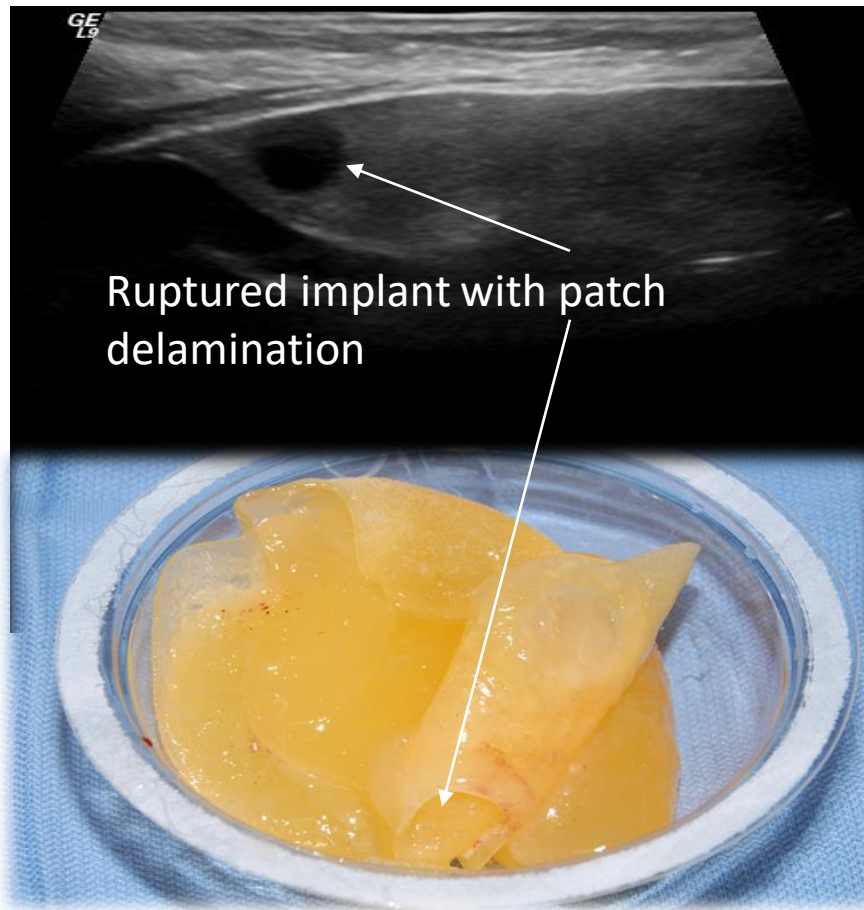






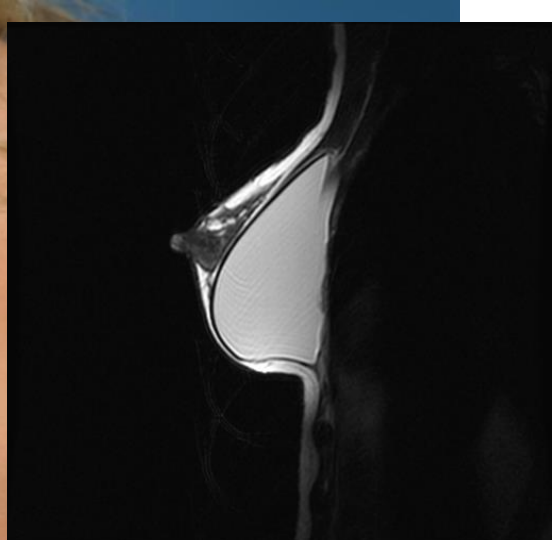
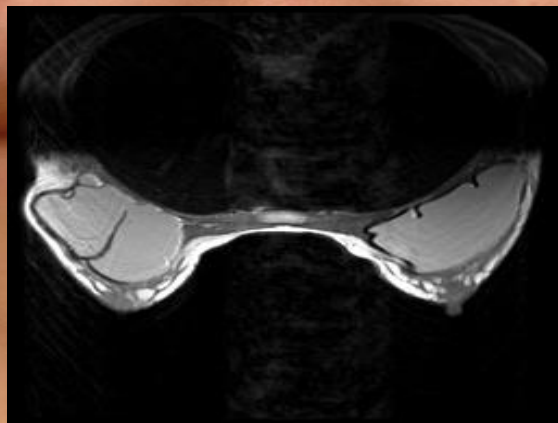
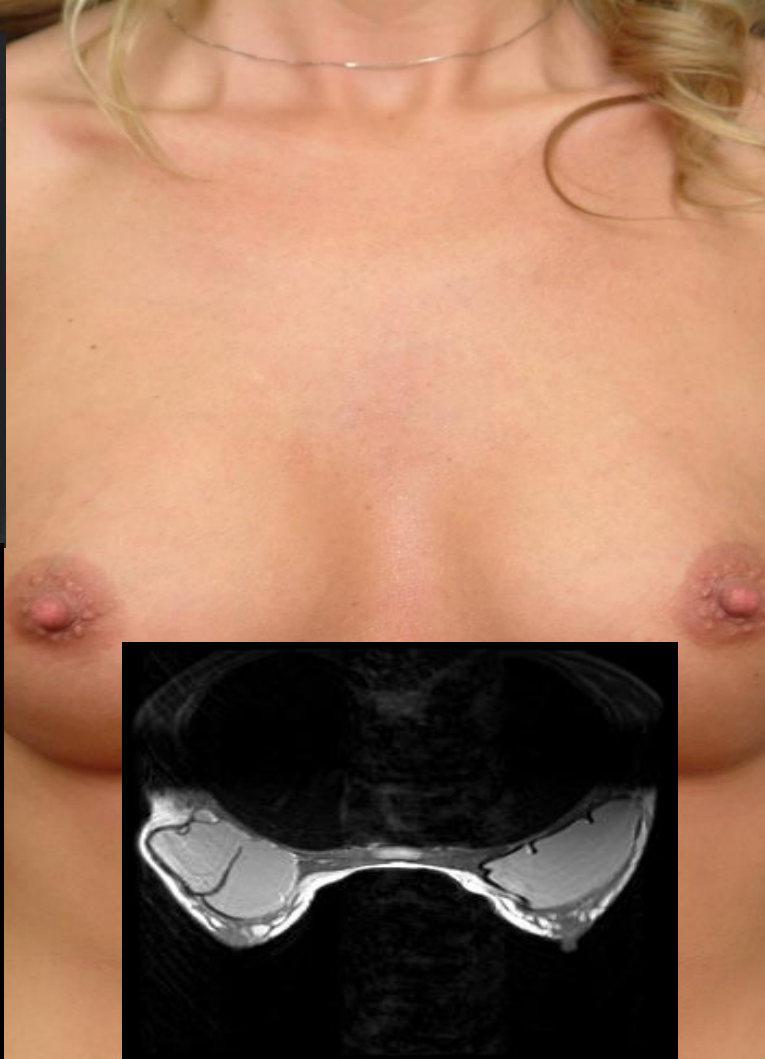
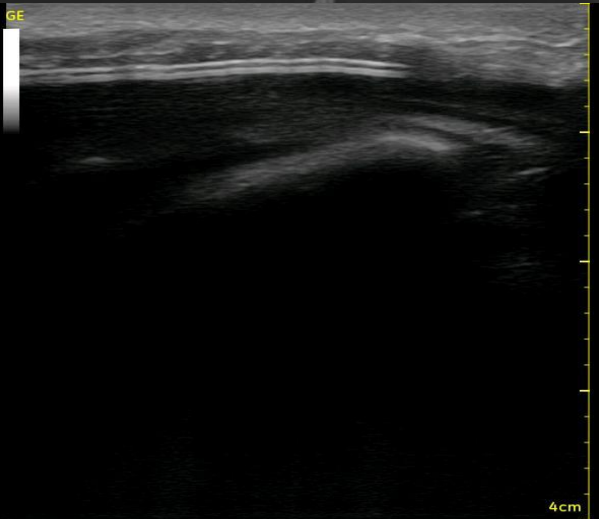
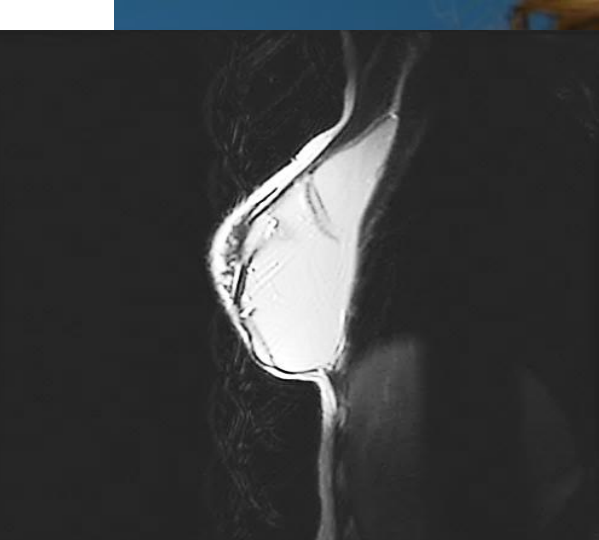


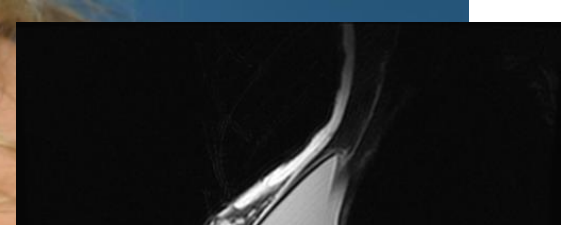
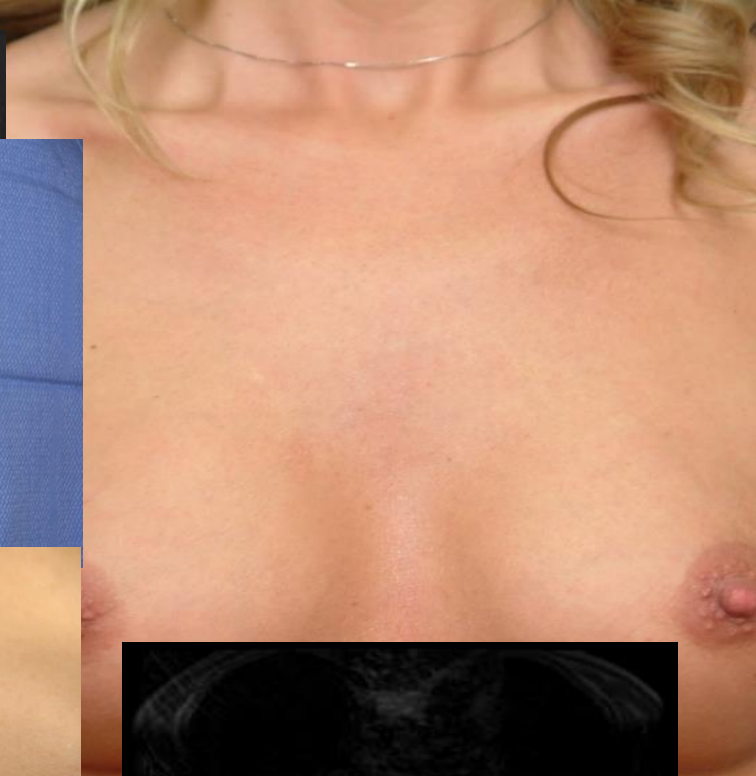
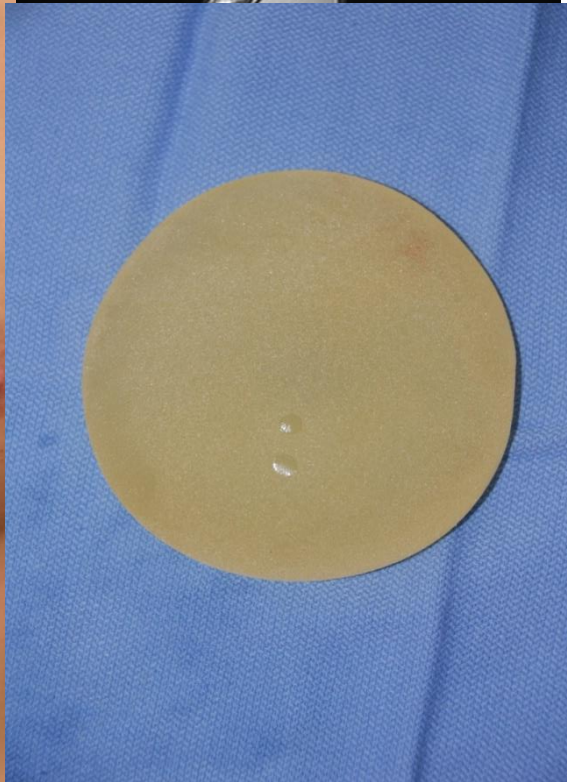
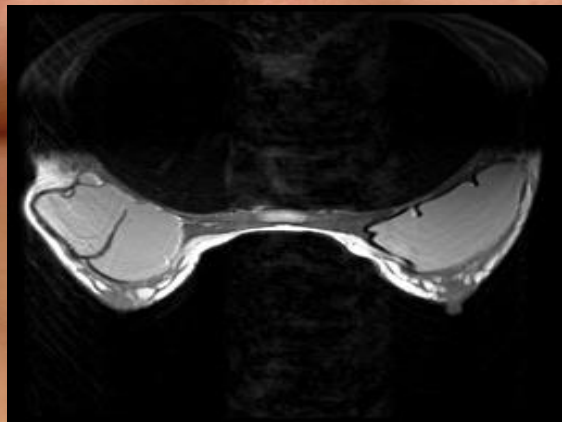
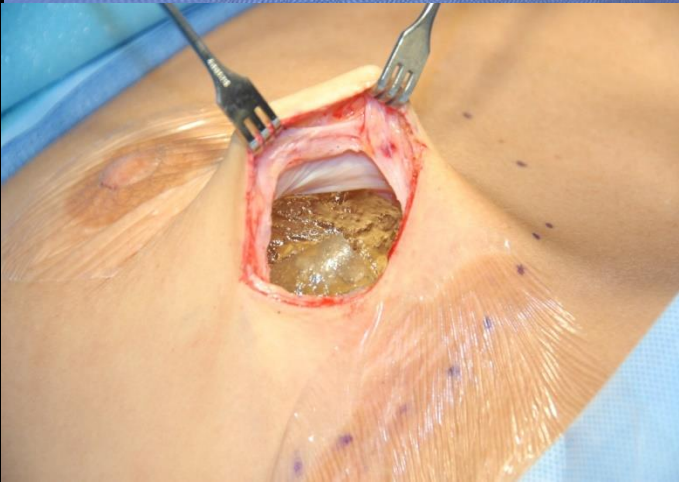
Video showing gel outside of the shell but intracapsular

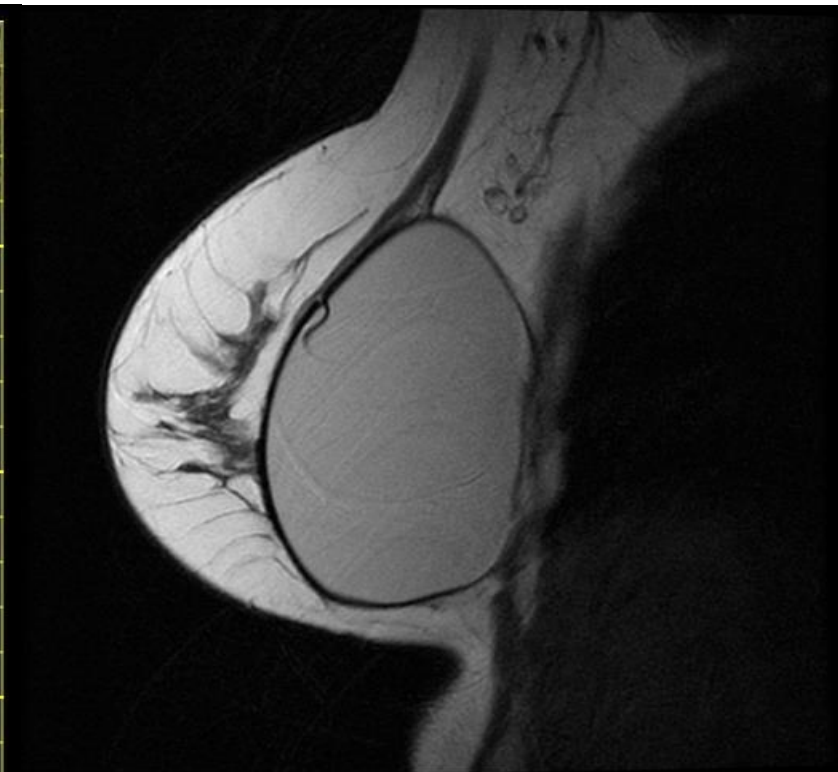
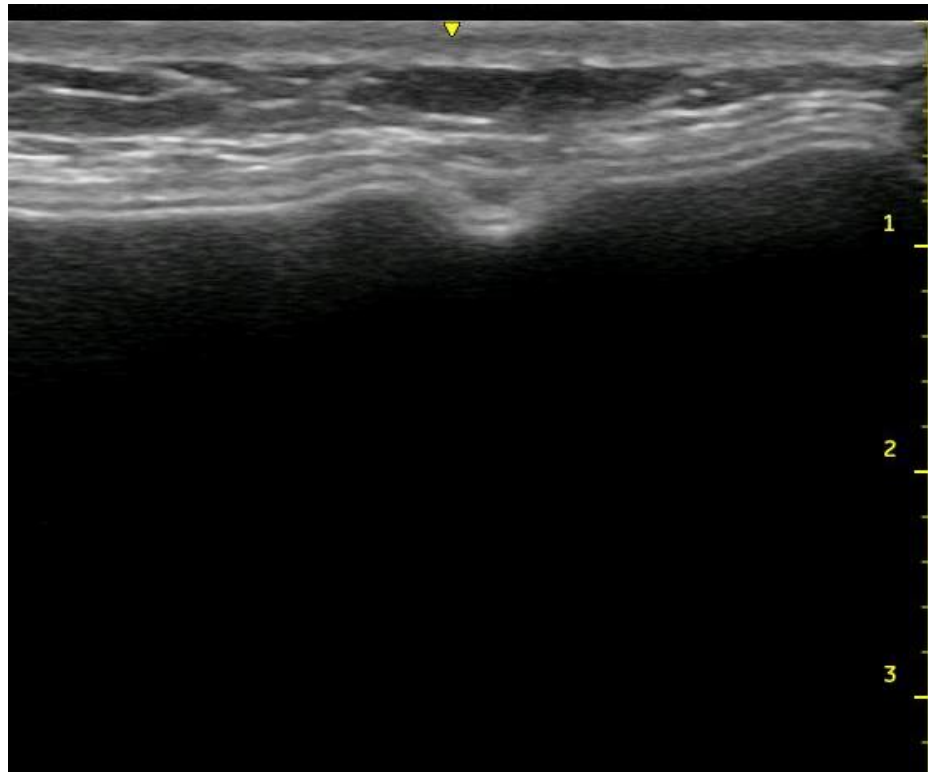


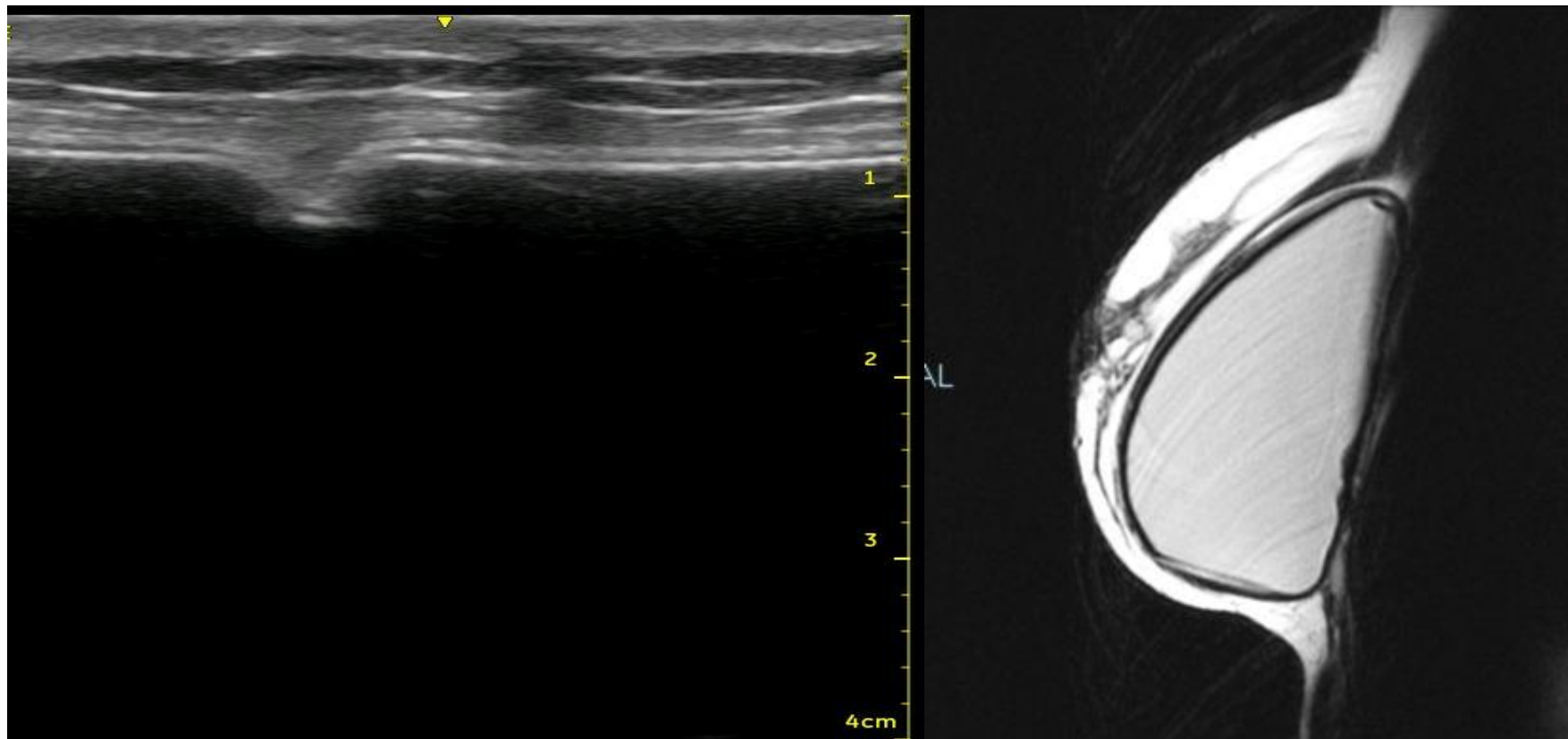








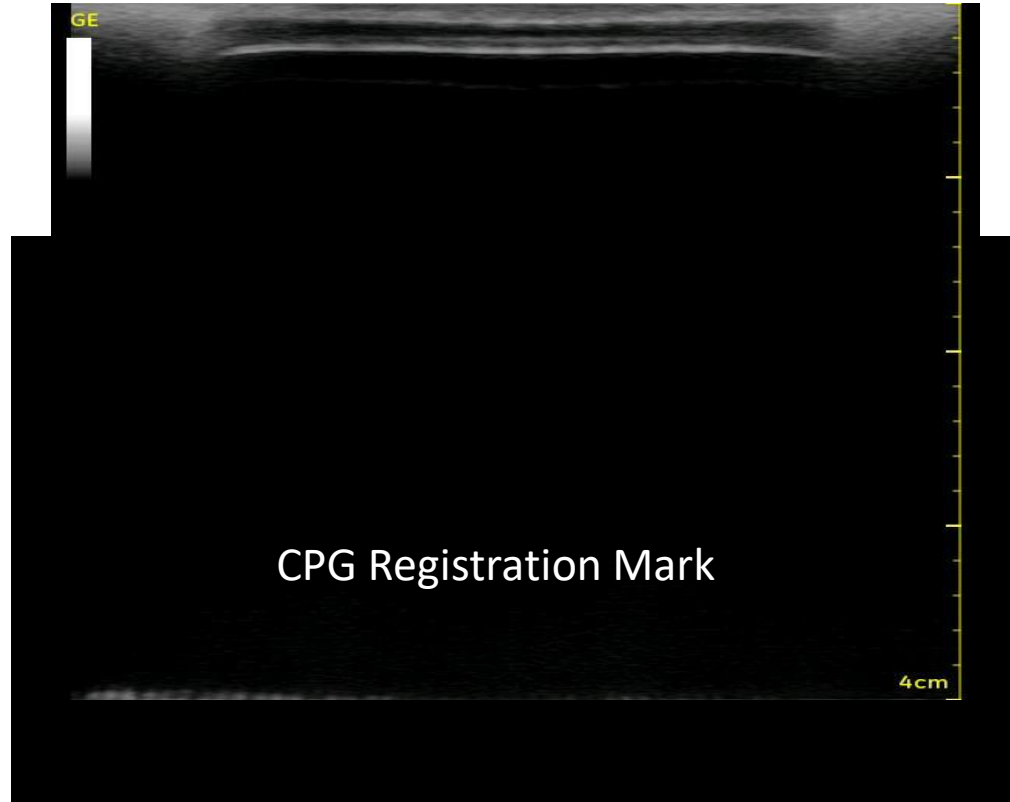




# Rotation – Registration Marks



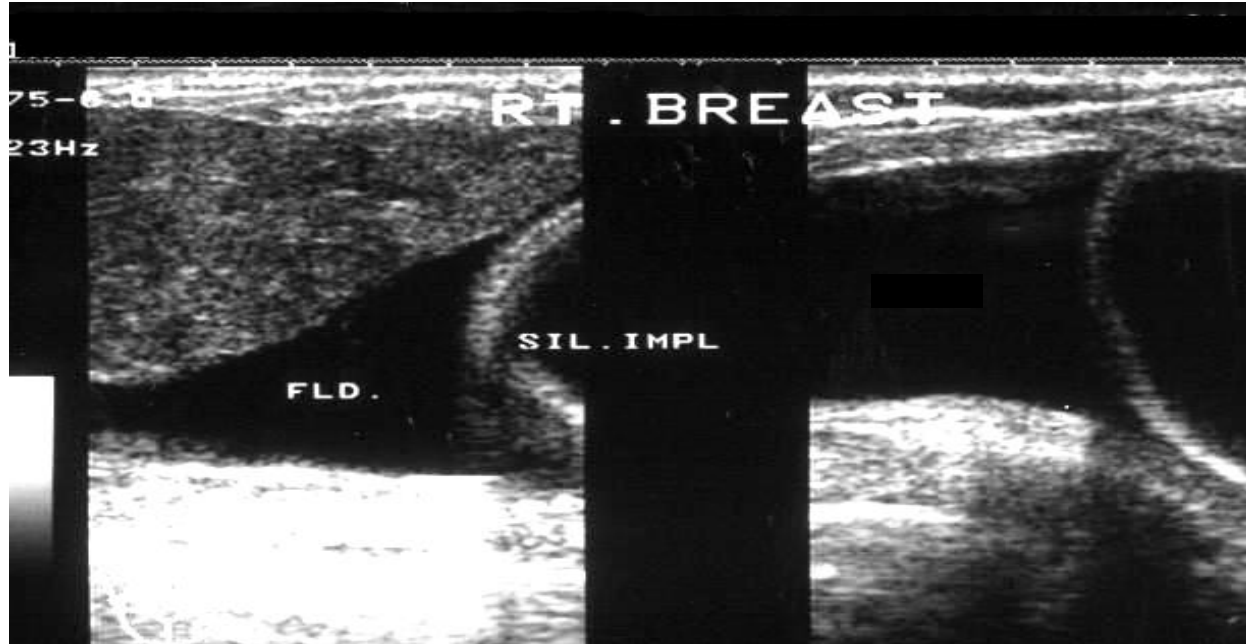
# Rotation – Registration Marks



# Internal Gel Fracture



# Fluid - Seroma





# Current Research

Plastic & Reconstructive Surgery:  
POST ACCEPTANCE, 25 March 2011  
doi: 10.1097/PRS.0b013e318217fdb0

## **Managing Late Periprosthetic Fluid Collections (Seroma) in Patients With Breast Implants: A Consensus Panel Recommendation and Review of the Literature**

**Bengtson, Bradley MD; Brody, Garry S. MD; Brown, Mitchell H. MD; Glicksman, Caroline MD; Hammond, Dennis MD; Kaplan, Hilton MD, PhD; Maxwell, G. Patrick MD; Oefelein, Michael G. MD; Reisman, Neal R. MD, JD; Spear, Scott L. MD; Jewell, Mark L. MD; Late Periprosthetic Fluid Collection After Breast Implant Working Group**

### **Abstract**

Background: The goal of this consensus is to establish an algorithm for the management of patients who develop a late or delayed periprosthetic fluid collection. A work group of practicing plastic surgeons and device industry physicians met periodically by teleconference and discussed issues pertinent to the diagnosis and management of late periprosthetic fluid collections in patients with breast implants. Based on these meetings, treatment recommendations and a treatment algorithm were prepared in association with an editorial assistant.

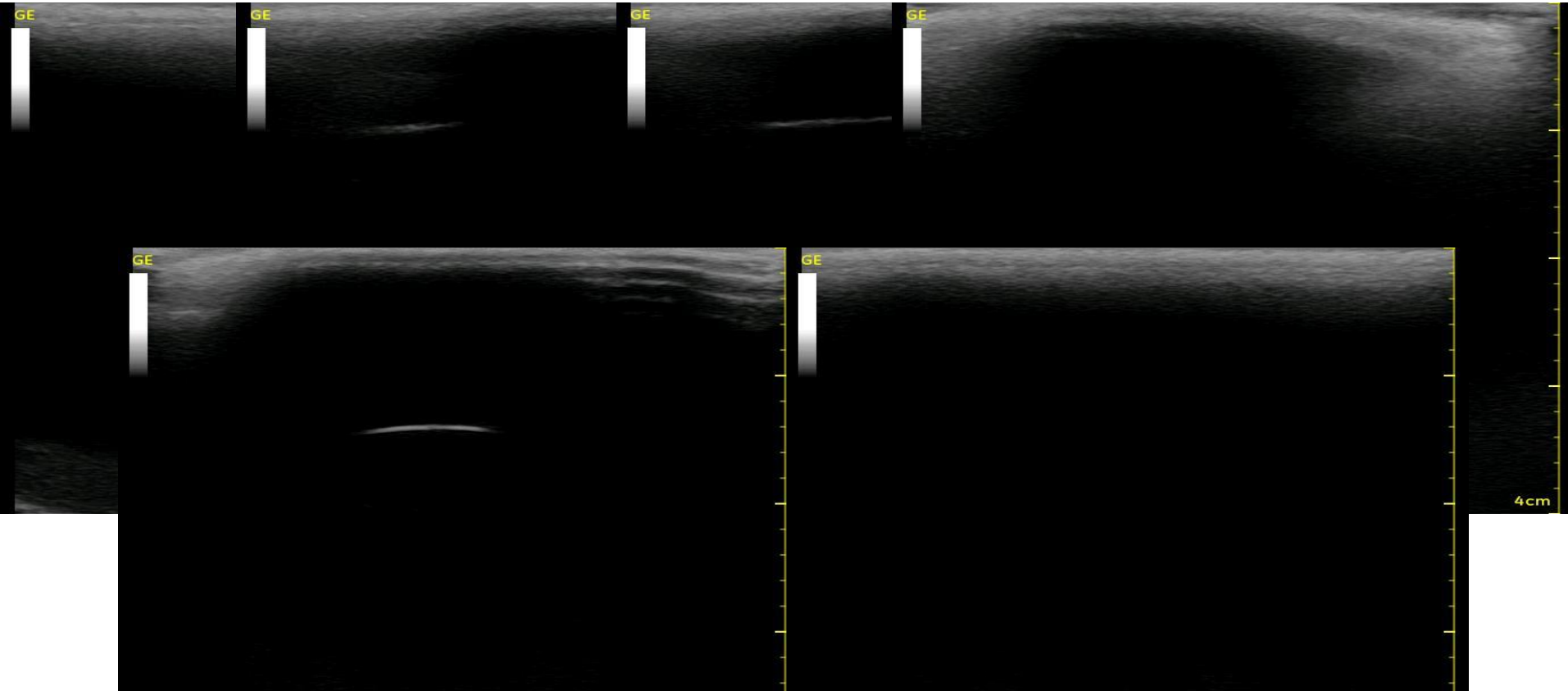
Method: The work group participants discussed optimal care approaches developed in their private practices as well as from evidence in the literature.

Late Seroma  
Management

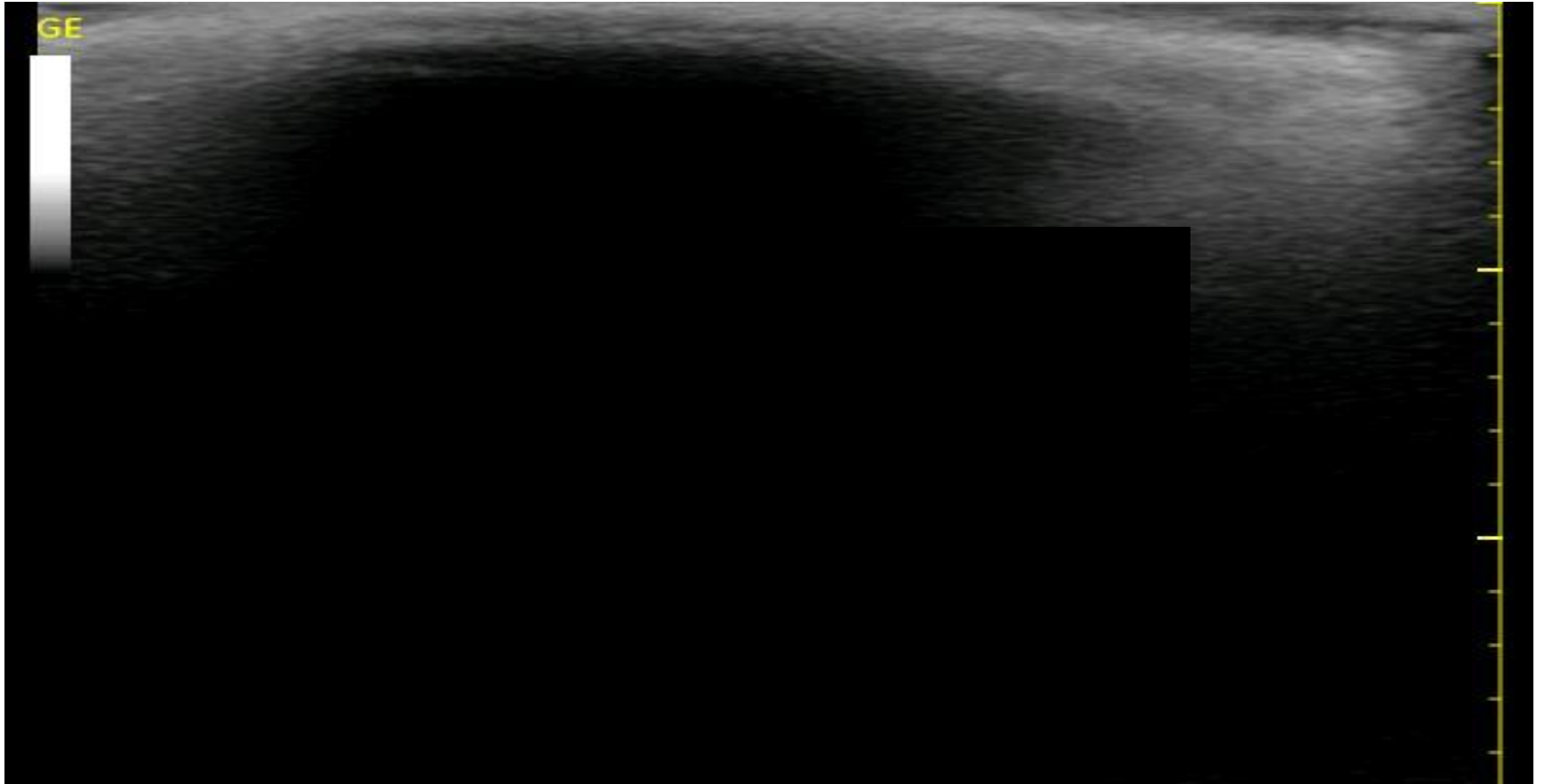
Ultrasound key  
in initial  
evaluation

Swelling vs.  
Fluid

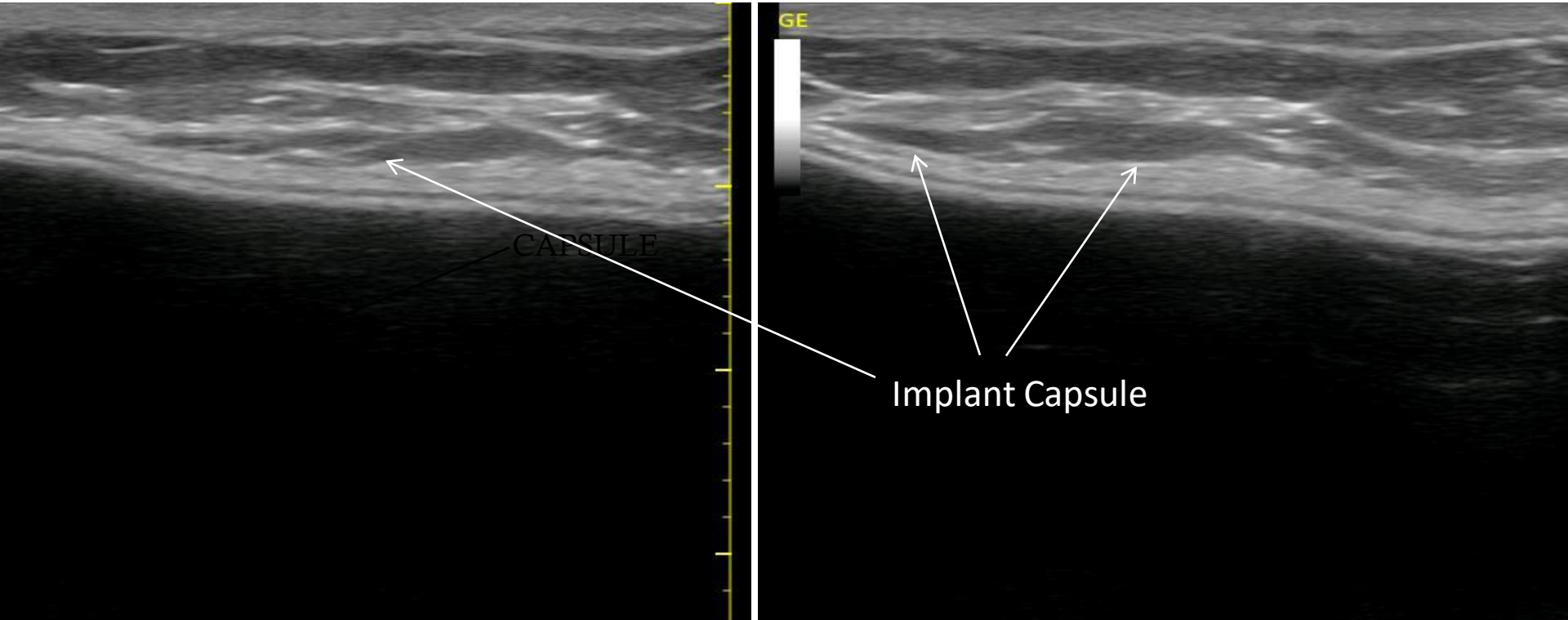
# Tissue Expander Port ID



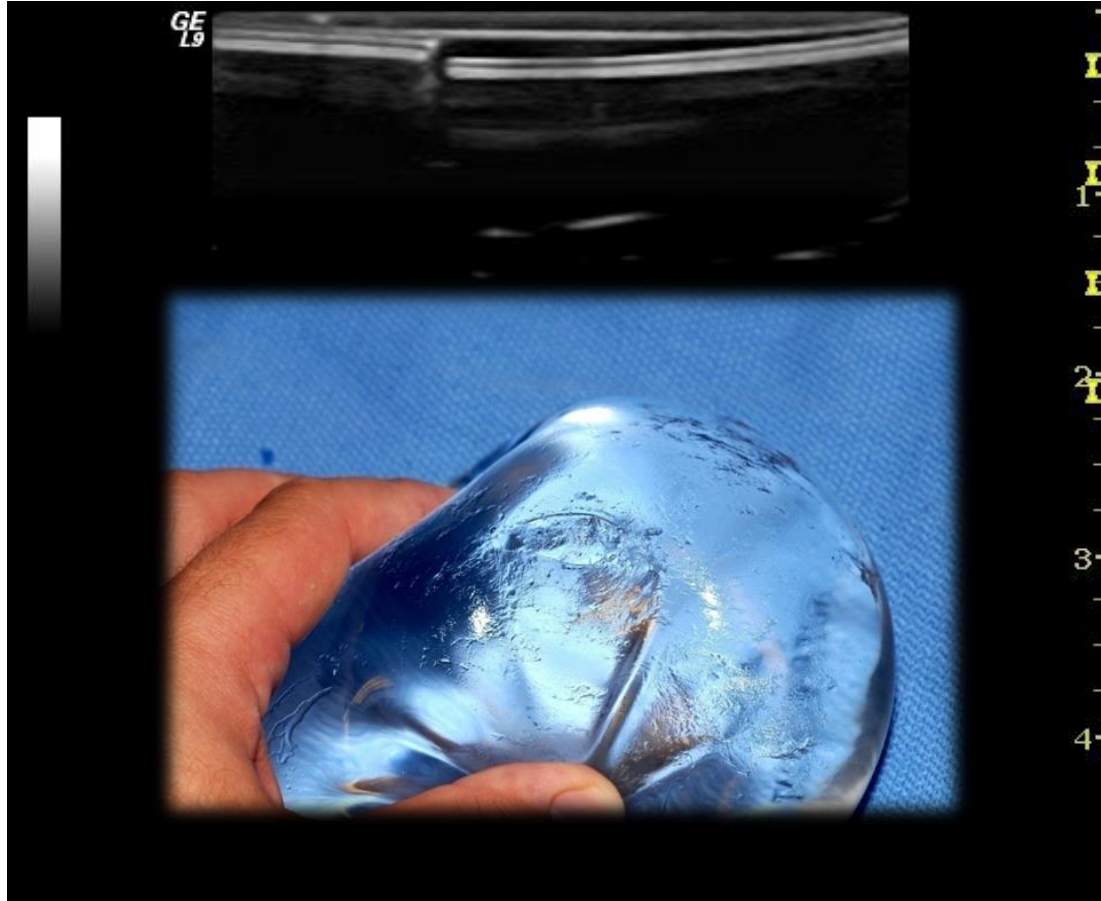
# Tissue Expander Port ID



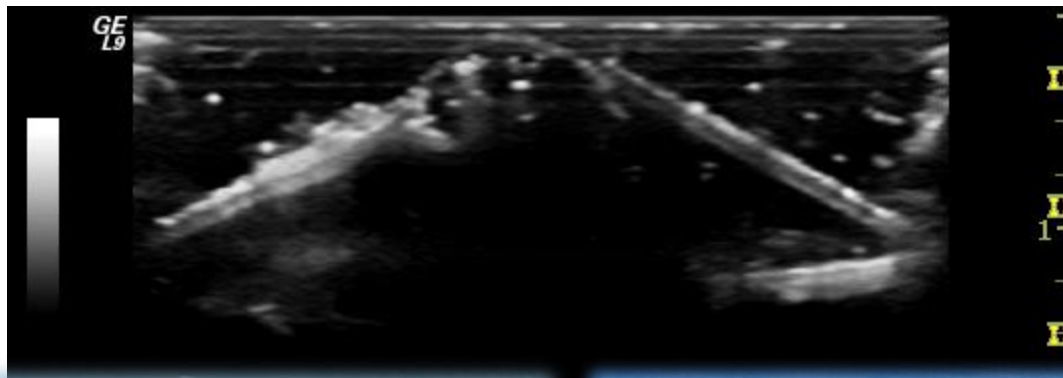
# Implant Capsule



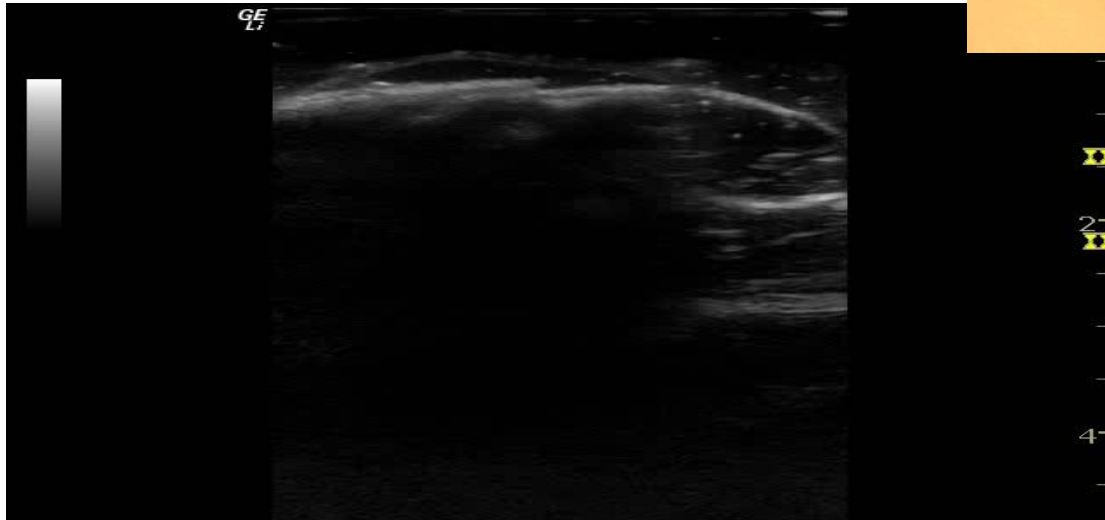
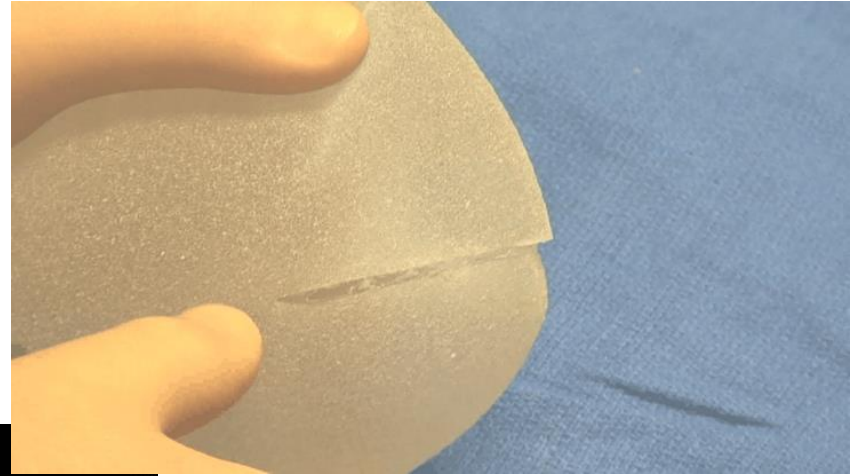
# *Natrelle* smooth implant shell cut



# Natrelle Style 15 Bulge

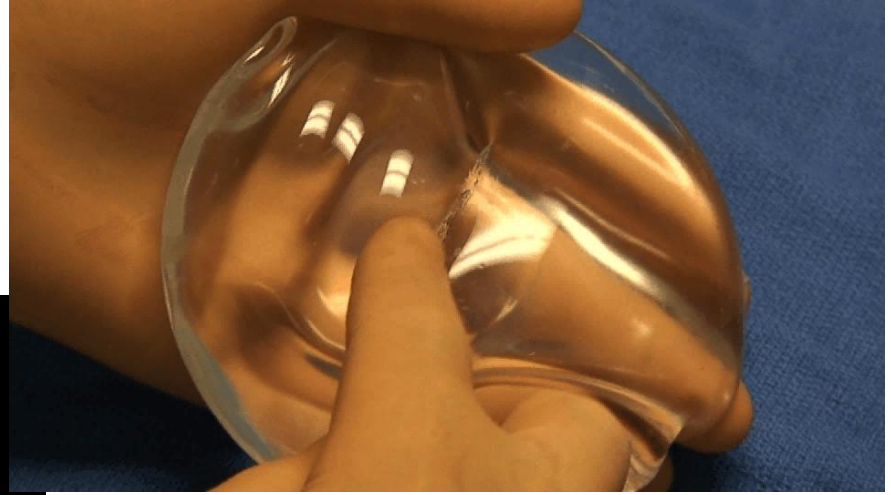
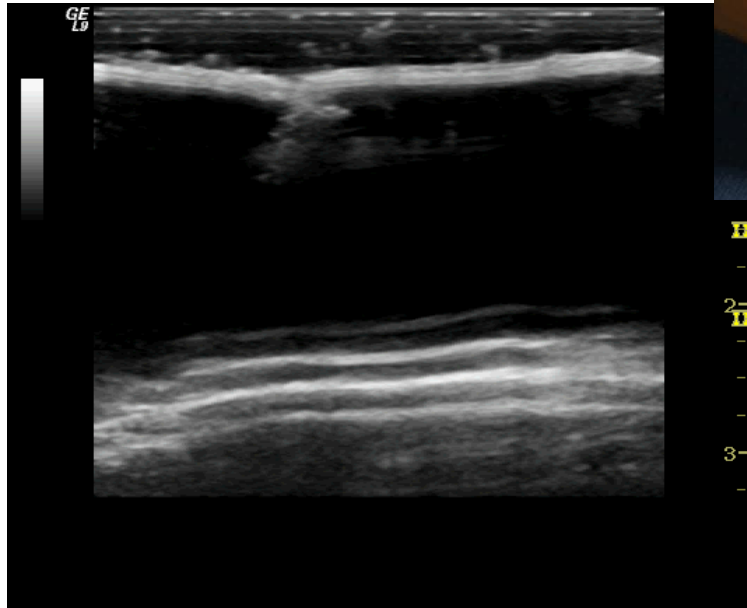


*One of the great things about HRUS is that it is dynamic...if suspect rupture it can be accentuated*



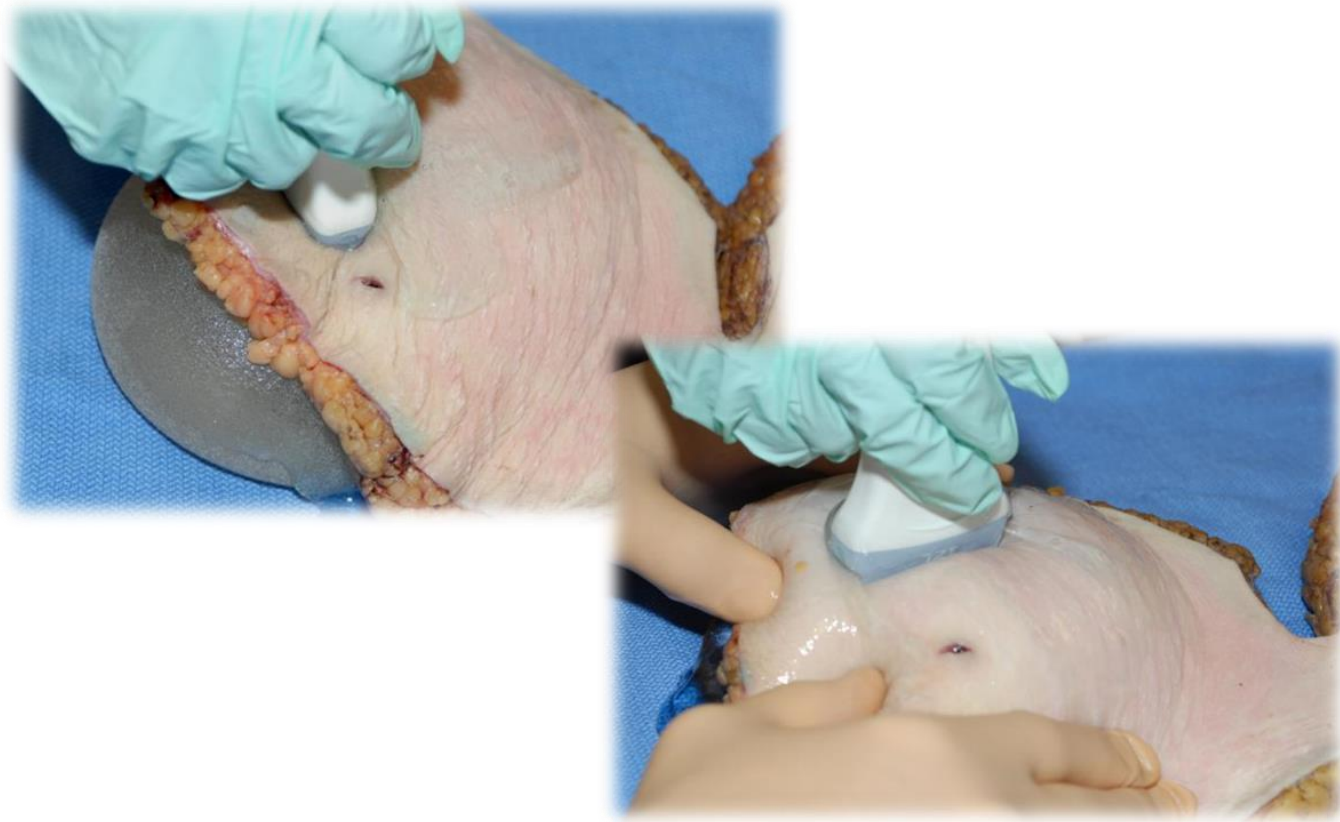
*Highly cohesive gel retracts back into the shell*

# Smooth responsive gel implant

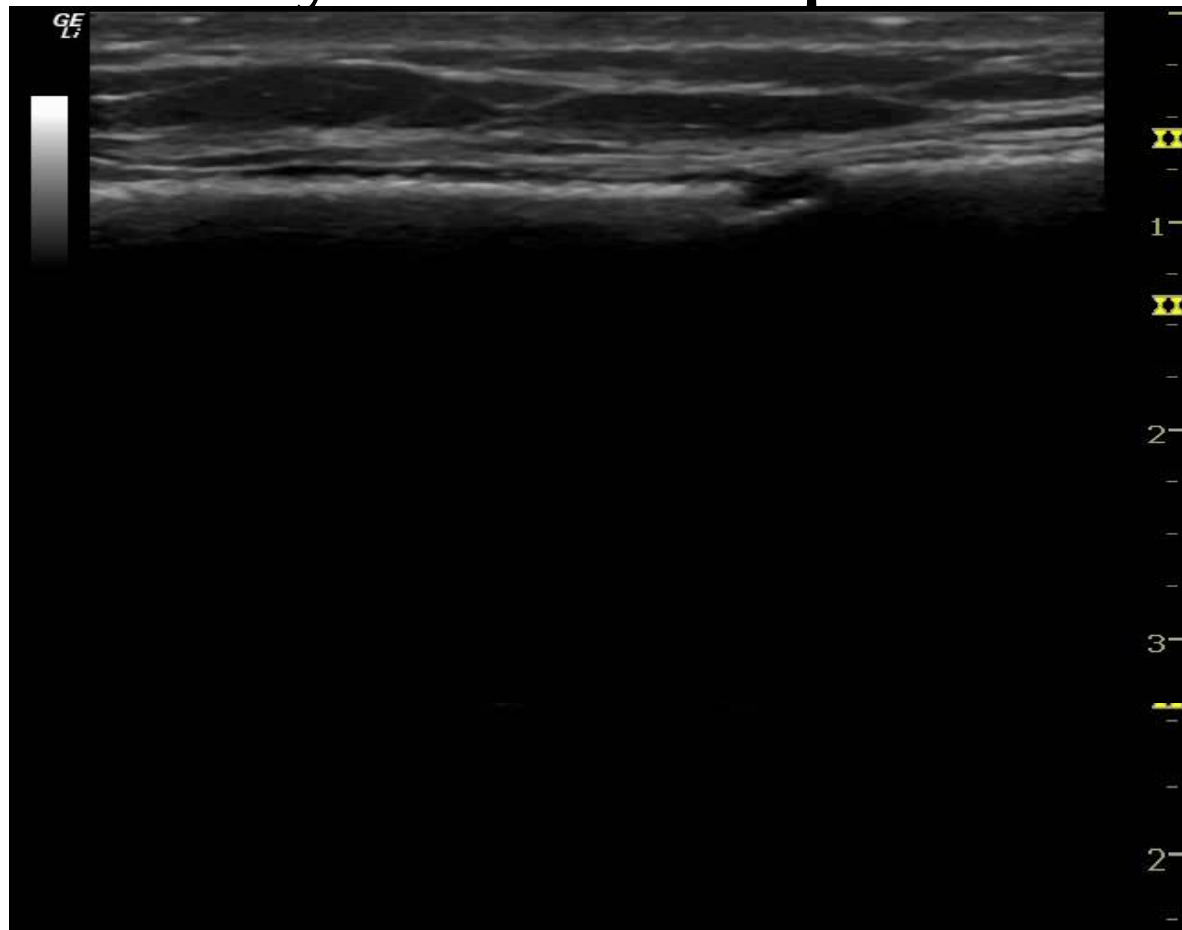




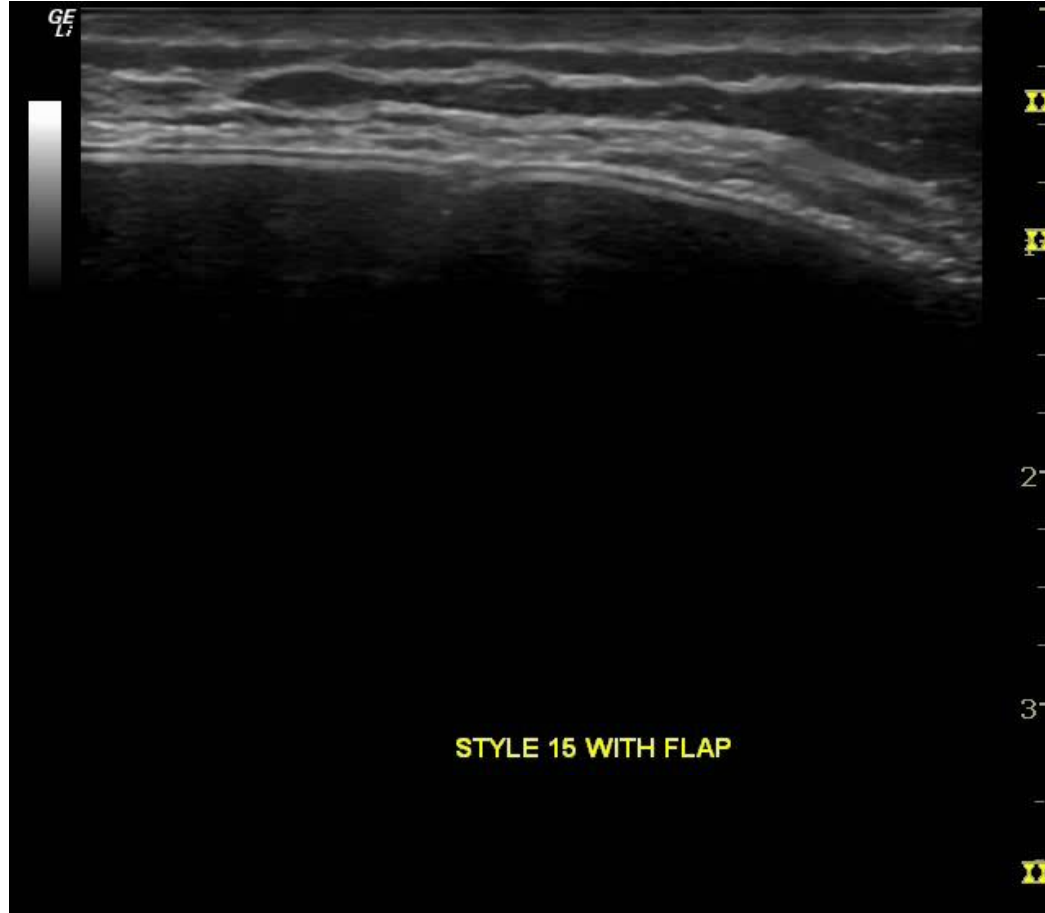
# Scanning - Flap Simulation

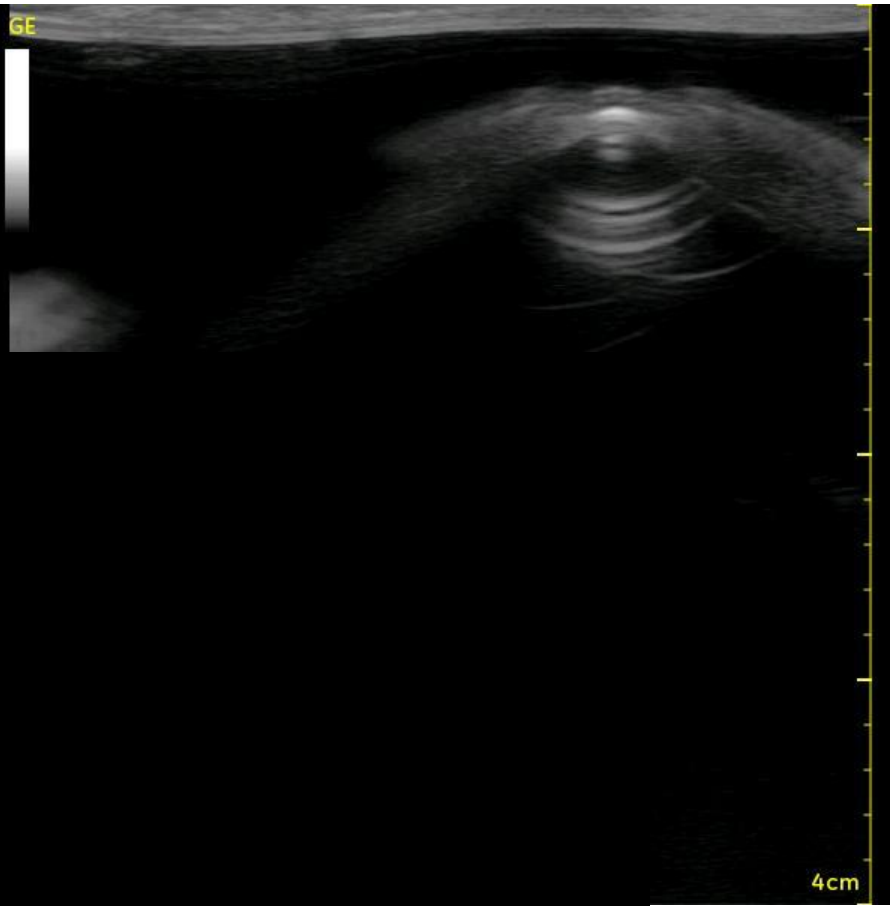


# Cut Style 410 Flap Model

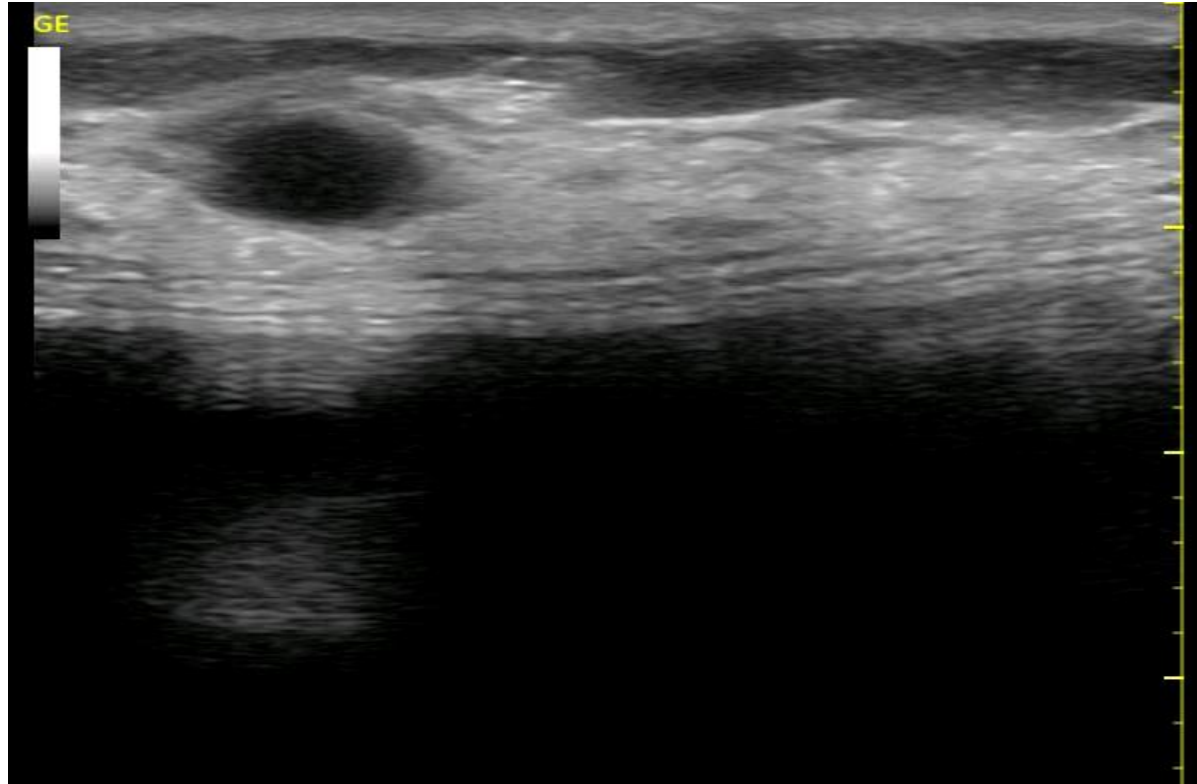


# Cut Style 15 Flap Model

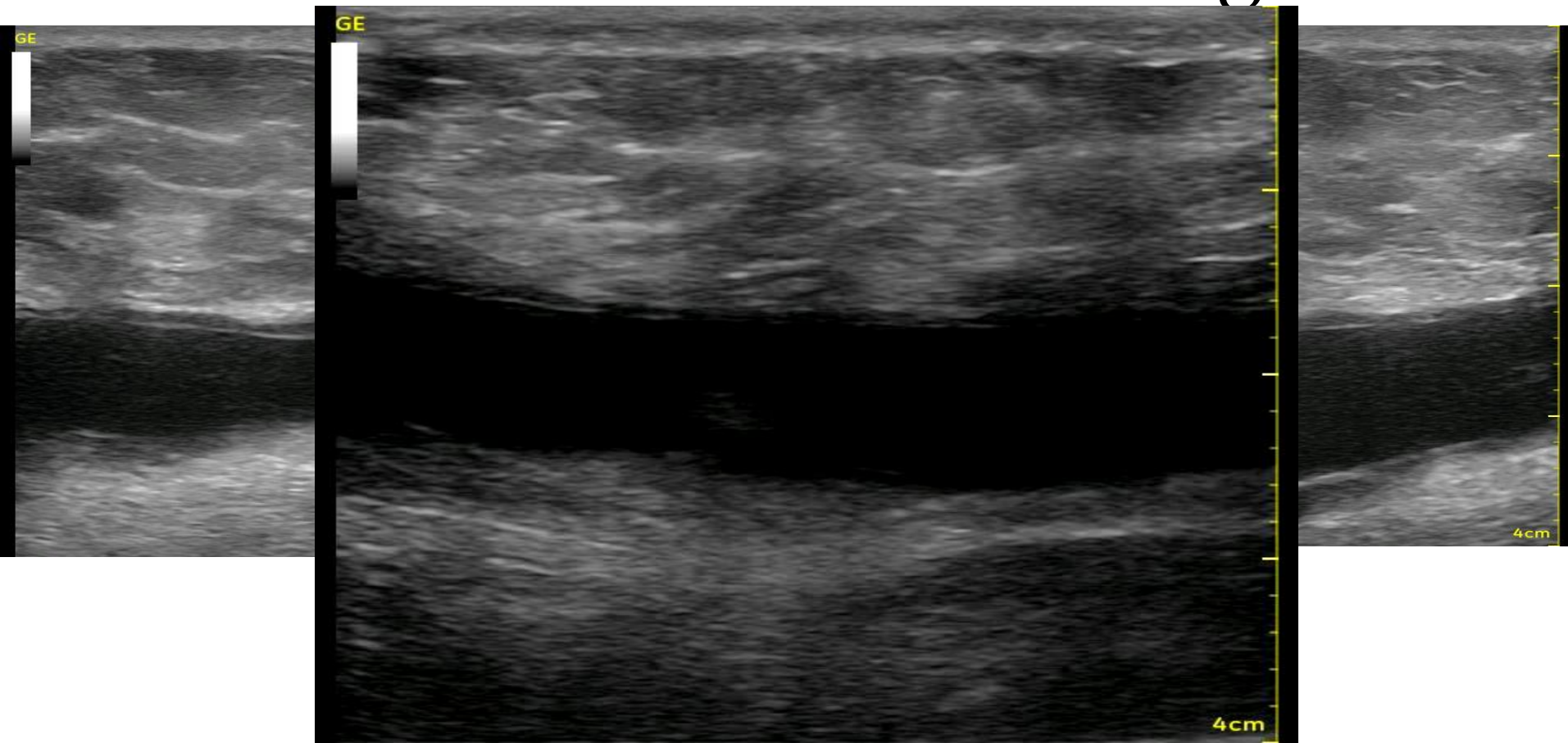


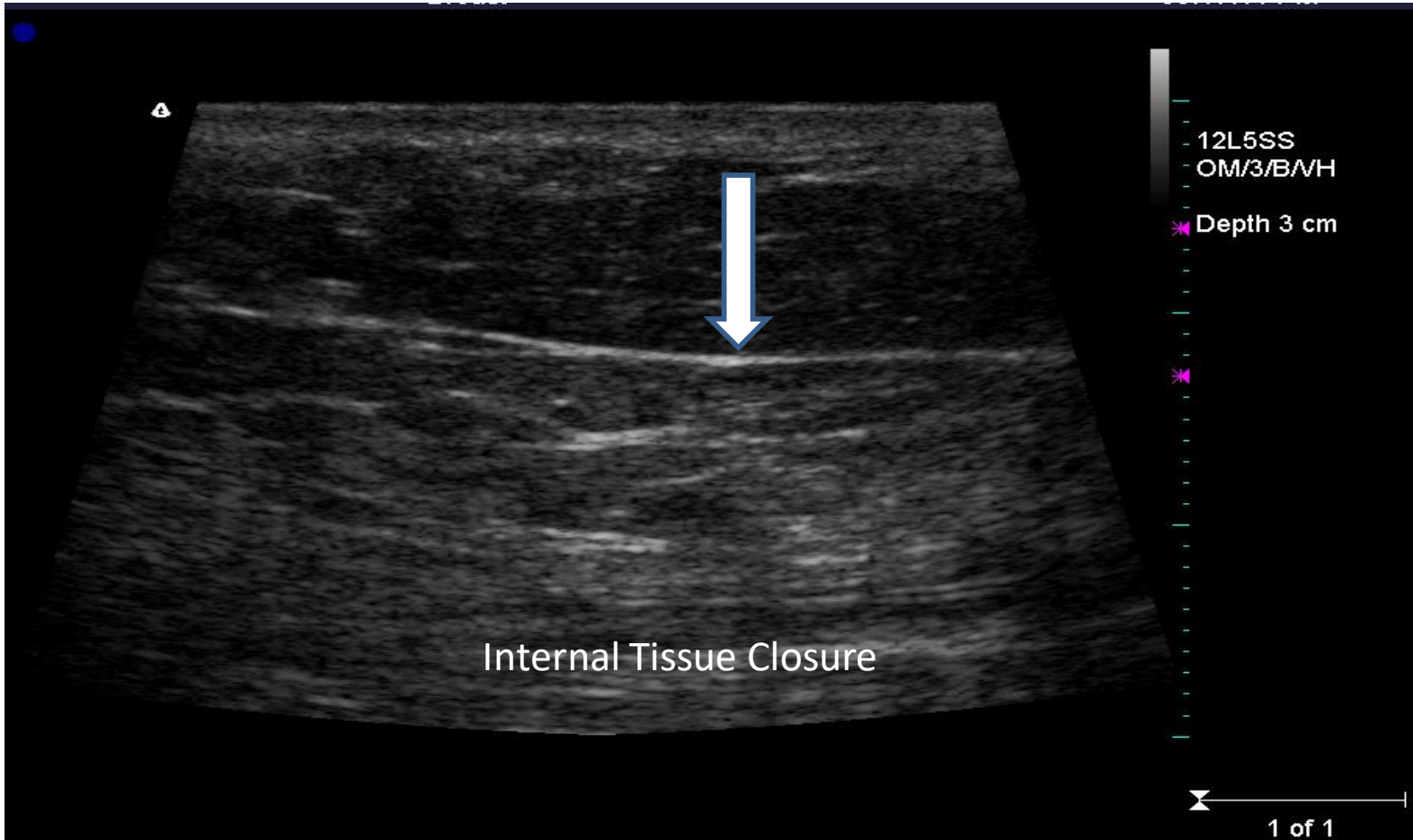


# General - Breast Cysts

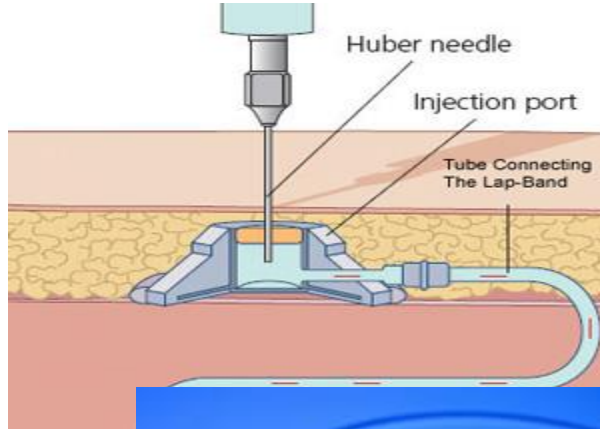


# Revolutionized Seroma Management

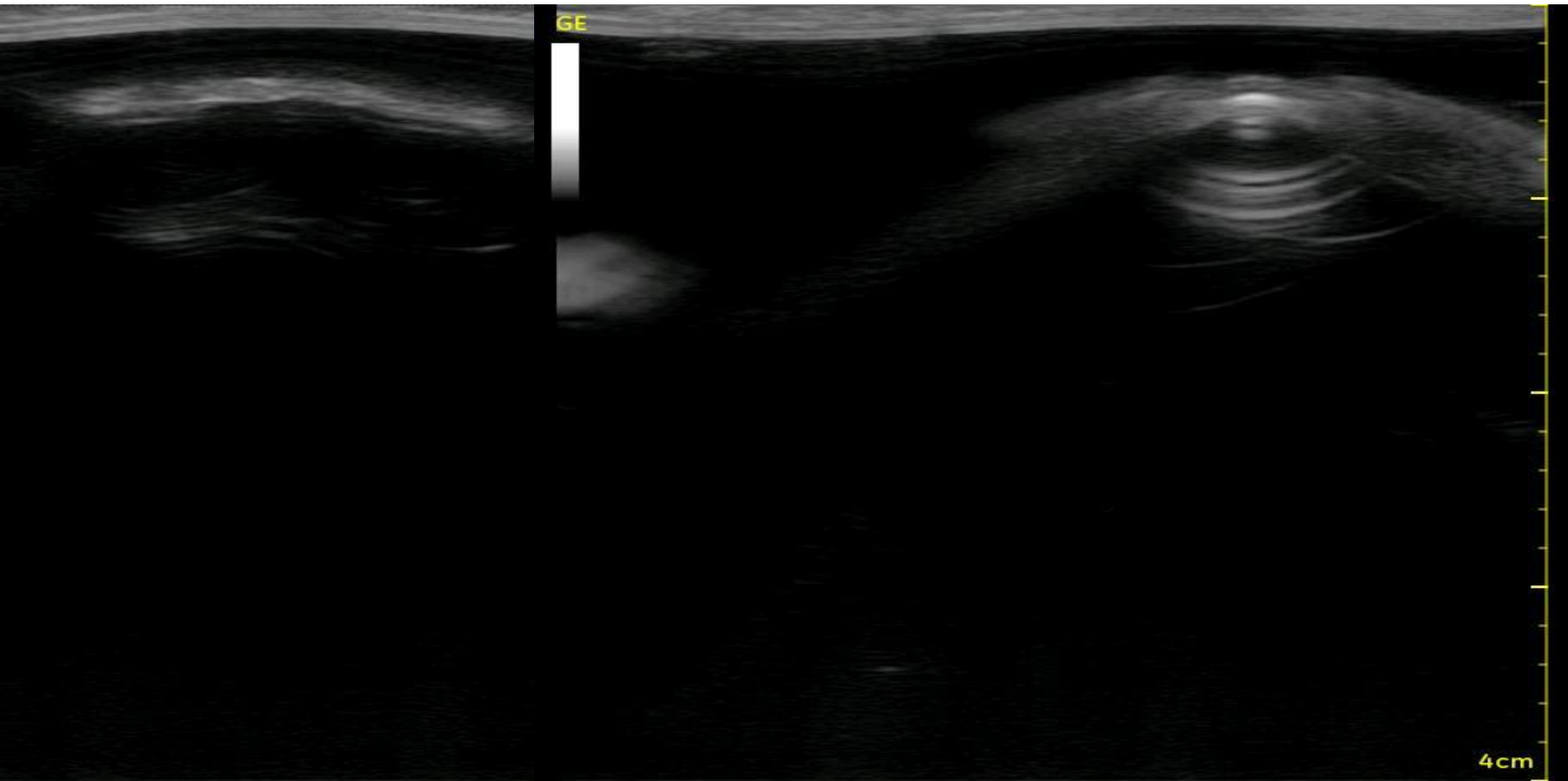




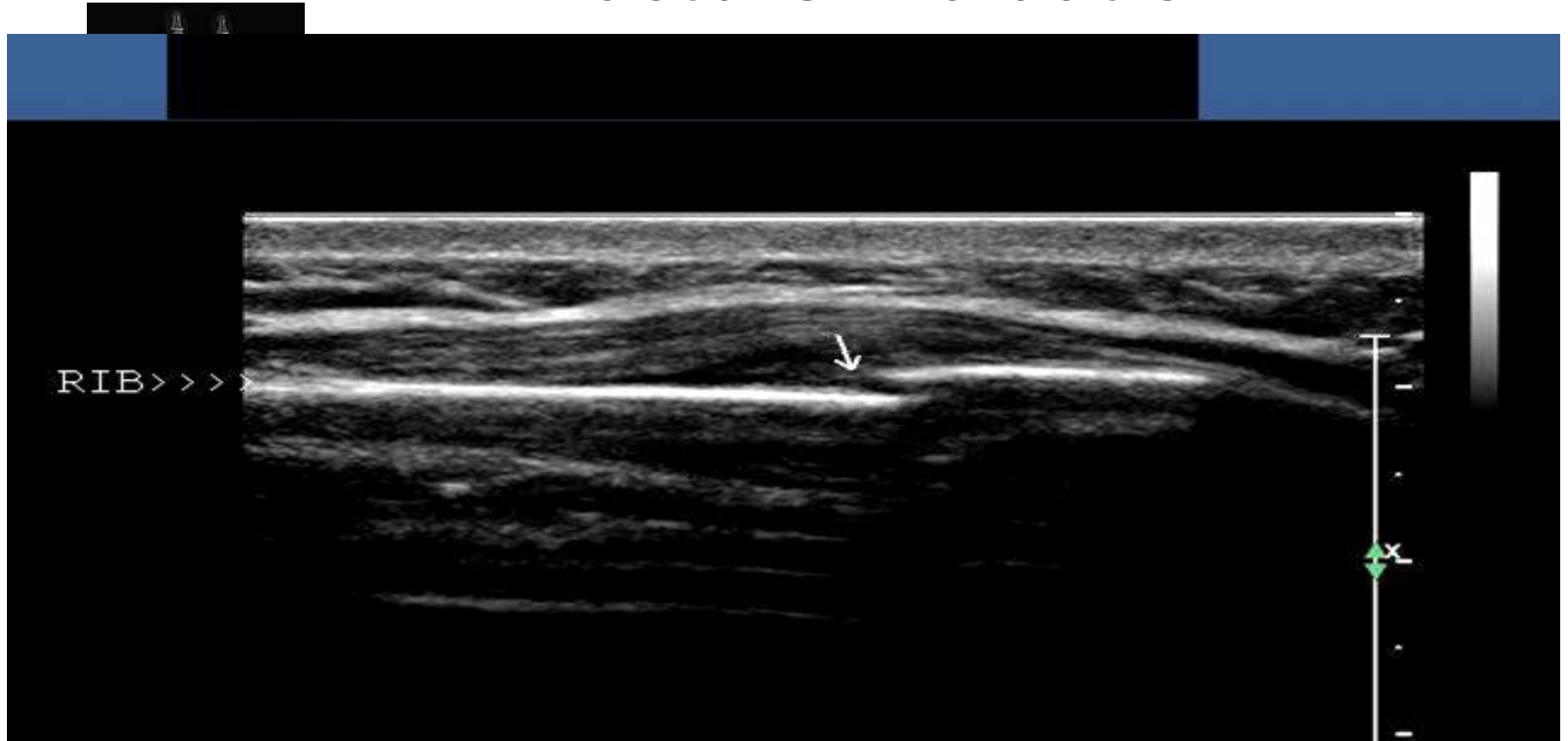
# Lap-Band and other Ports



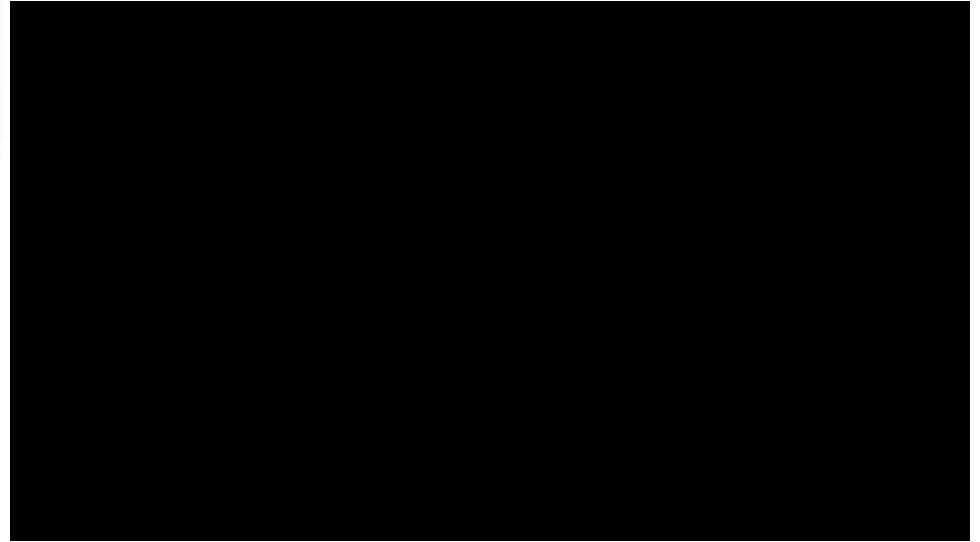
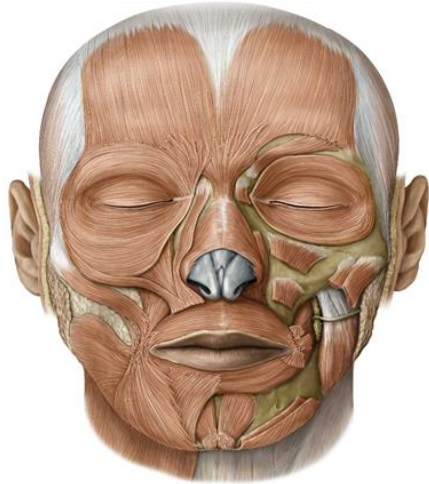
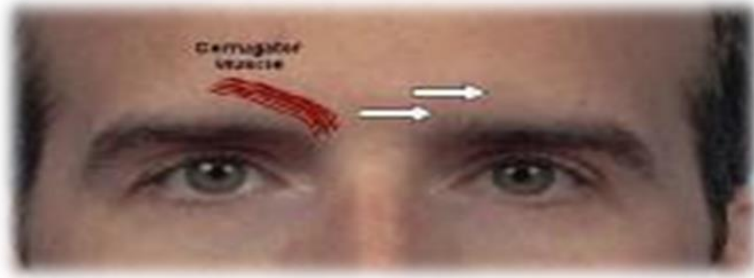




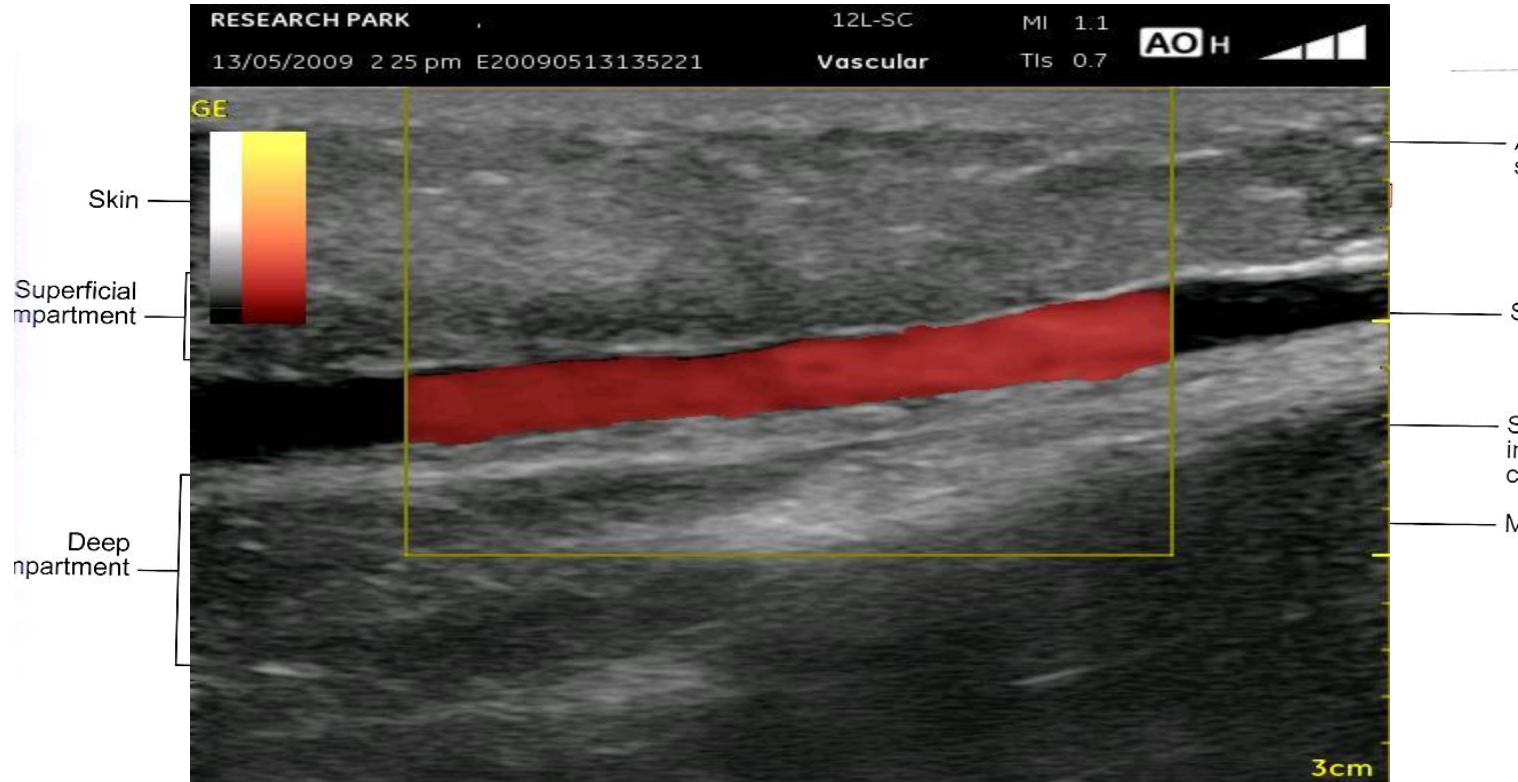
# Fracture Evaluation



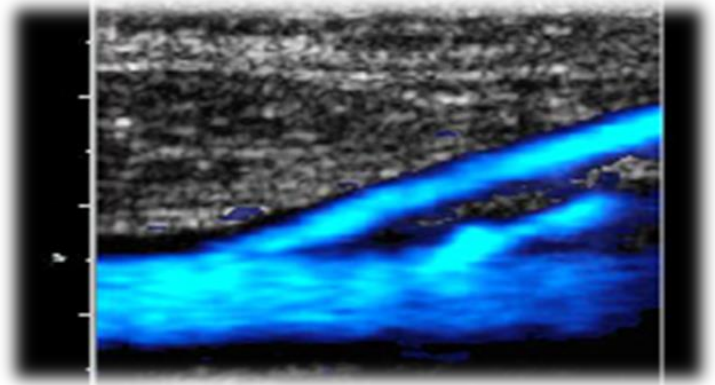
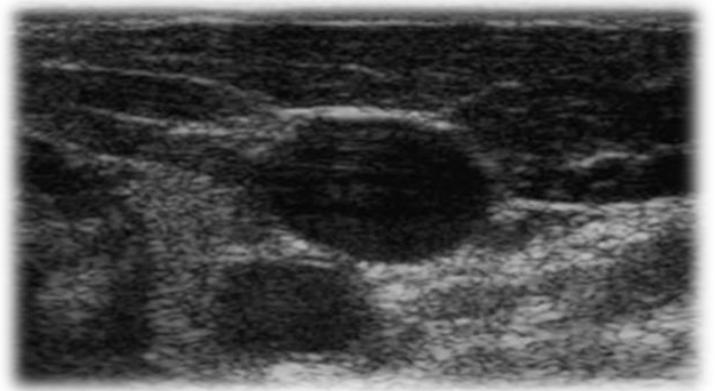
# Muscle localization - Botox



# Diagnostic vein & ablation



# Diagnostic vein & ablation



# Diagnostic vein & ablation



# HRUS - Further Study

		Condition (as determined by " <a href="#">Gold standard</a> ")		
		Condition Positive	Condition Negative	
Test Outcome	Test Outcome Positive	<b>True Positive</b>	<b>False Positive</b> ( <a href="#">Type I error</a> )	<b>Positive predictive value</b> = $\frac{\Sigma \text{ True Positive}}{\Sigma \text{ Test Outcome Positive}}$
	Test Outcome Negative	<b>False Negative</b> ( <a href="#">Type II error</a> )	<b>True Negative</b>	<b>Negative predictive value</b> = $\frac{\Sigma \text{ True Negative}}{\Sigma \text{ Test Outcome Negative}}$
		<b>Sensitivity</b> = $\frac{\Sigma \text{ True Positive}}{\Sigma \text{ Condition Positive}}$	<b>Specificity</b> = $\frac{\Sigma \text{ True Negative}}{\Sigma \text{ Condition Negative}}$	

# HRUS – First 242 Patients

		Intraoperative Findings			
HRUS	61	57	4	Positive	93%
	181	0	181	Negative	100%
		93%	100%		



# HRUS – First 680 Patients

		Intraoperative Findings			
HRUS	145	140	5	Positive	97%
	535	0	535	Negative	100%
		97%	100%		

# Publications

## Silicone Breast Implants and Magnetic Imaging Screening for Rupture: Do U.S. and Drug Administration Recommendations Reflect an Evidence-Based Practice Approach to Patient Care?

Debra M. Ik Anne M. Saw

The objective of this study was to evaluate the effectiveness of magnetic resonance imaging (MRI) screening for silicone breast implant rupture. Thirty-four suspected breast implants were screened using MRI. Imaging exam and biopsy for all implants were performed. All implants were found to be intact. The objective of this study was to evaluate the effectiveness of MRI screening for silicone breast implant rupture. Thirty-four suspected breast implants were screened using MRI. Imaging exam and biopsy for all implants were performed. All implants were found to be intact.

Since 1960s, women have been using breast implants. The objective of this study was to evaluate the effectiveness of MRI screening for silicone breast implant rupture. Thirty-four suspected breast implants were screened using MRI. Imaging exam and biopsy for all implants were performed. All implants were found to be intact.

## Silicone Breast Implants and Magnetic Imaging Screening for Rupture: Do U.S. and Drug Administration Recommendations Reflect an Evidence-Based Practice Approach to Patient Care?

Colleen M. McCarthy, M.D., M.S.  
Andrea L. Pisci, M.D., M.H.S.  
Carolyn L. Kerrigan, M.D.

New York, N.Y., and Lubbock, Tex.

**Summary:** Regular magnetic resonance imaging (MRI) screening for silicone breast implant rupture is lacking. For example, there is no conclusive evidence using magnetic resonance imaging screening of asymptomatic women whether the potential benefits of screening outweigh the risks and potential costs for the women, underlying beliefs and values will vary, shared medical decision making can be difficult, and uncertainty, shared medical decision making can be difficult, and uncertainty, shared medical decision making can be difficult, and uncertainty, shared medical decision making can be difficult.

The recent decision by the U.S. Food and Drug Administration to approve silicone breast implants in the U.S. market has been applauded, yet its recommendation regarding screening for silicone implant rupture has sparked much debate. The U.S. Food and Drug Administration stipulates that routine magnetic resonance imaging is necessary to accurately identify silicone implant rupture and recommends that all patients with silicone implants undergo magnetic resonance imaging at 3 years after implantation and every 2 years thereafter.<sup>1</sup> Although it is generally agreed that the detection and treatment of a frank rupture with extracapsular silicone spread may decrease the associated morbidity (silicone granulomas, change in breast appearance), it remains uncertain about the benefits of mass screening for silent implant ruptures.

From the Plastic and Reconstructive Surgery Service, Department of Surgery, Memorial Sloan-Kettering Cancer Center, and the Section of Plastic Surgery, Dartmouth-Hitchcock Medical Center and Dartmouth Medical School.  
(Received for publication March 29, 2007; accepted June 1, 2007.)  
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DOI: 10.1097/PRS.0b013e3181525414

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## SPC

## Economic Analysis of Screening Strategies for Rupture of Silicone Gel Breast Implants

Kevin C. Chang, M.D., M.S.  
Sunitha Malay, M.P.H.  
Melissa J. Shauer, M.P.H.  
H. Myra Kim, Sc.D.

San Francisco, Calif.

**Background:** In 2006, the U.S. Food and Drug Administration recommended screening of all women with silicone gel breast implants with magnetic resonance imaging (MRI) every 3 years after implantation and every 2 years thereafter. The cost for these serial examinations over the lifetime of breast implants is an added burden to insurance payers and to women who have performed an economic analysis to determine optimal screening tests, and subsequent implant removal.

**Methods:** The authors determined the aggregate/pooled values for sensitivity and specificity of the screening tests of ultrasound and magnetic resonance imaging (MRI) in detecting silicone breast implant ruptures from the data obtained for 2006. They compared costs, based on Medicare reimbursement rates, for the following elements: imaging modalities, anesthesia, and surgical treatment options for detected ruptures. A decision tree was constructed to compare three alternate screening strategies of ultrasound only, magnetic resonance imaging only, and ultrasound followed by magnetic resonance imaging in asymptomatic women.

**Results:** The cost per rupture of screening and management of ruptured silicone breast implants was \$1090, in asymptomatic women \$1492. A similar cost for magnetic resonance imaging in asymptomatic women was \$2067; in asymptomatic women it was \$2143. A similar cost for ultrasound followed by magnetic resonance imaging in asymptomatic women was \$2908.

**Conclusion:** Screening with ultrasound followed by magnetic resonance imaging was optimal for asymptomatic women, and screening with ultrasound only was optimal for symptomatic women. (Plast. Reconstr. Surg. 130: 225, 2012)

Approximately 0.5 percent of women (250,000 to 340,000) in the United States get breast implants each year. The majority of implantations are done for augmentation purposes; few are done for reconstruction purposes. Breast augmentation was the top cosmetic surgical procedure performed from 2006 to 2010.<sup>1</sup> Breast reconstruction rose to the top five reconstructive procedures in 2010.<sup>1</sup> Among the nearly 300,000 breast augmentations and 95,900 breast reconstructions performed in 2010, 146,000 (51 per-

cent) and 54,550 (59 percent), respectively, were done with silicone implants.<sup>1</sup> Like any device, silicone breast implants have a product life. This is especially important during the young age of many implant recipients. Complications of breast implantation (pain, capsular contracture, and rupture) are defined as a disruption in the integrity of the implant, ranging from focal rupture through breast holes to large, visible tears and may result from trauma, deterioration of implant shell, or manufacturing defects. The leaked silicone gel may remain within the tissue capsule or an intracapsular rupture

DOI: 10.1097/PRS.0b013e3181525414

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## COSME

## Breast Surgery

### Preliminary Report

## Diagnosis of Ruptured Breast Implants Through High-Resolution Ultrasound Combined With Real-Time Elastography

Angrit Stachs, MD; Max Dieterich, MD; Steffi Hartmann, MD; Johannes Stubert, MD; Toralf Reimer, PhD; and Bernd Gerber, PhD

### Abstract

**Background:** Implant rupture is a life complication of breast implant surgery is often a silent phenomenon that is difficult to diagnose. Sonoelastography is a new ultrasound-based technique that allows assessment of tissue elasticity.  
**Objectives:** The study was undertaken to evaluate elastographic findings in normal and ruptured breast implants.  
**Methods:** This prospective study included 28 implants in 16 patients, all of whom underwent high-resolution ultrasound and real-time elastography.  
**Results:** Implant rupture was diagnosed in 5 out of 28 implants (17.9%). In those patients with ruptured implants, 3 had no symptoms, 1 presented with pain, and 1 completed ipsilateral axillary lymph node swelling. Implants with a homogeneous structure were considered to be intact. Ultrasound findings indicating implant rupture included multiple parallel echogenic lines in the implant interior in 2 cases and 1 case of hyperechoic and typical blue-green-red pattern. In 1 case, the feasibility of real-time elastography of implants was demonstrated in all cases. Elastograms of intact implants revealed a homogeneous pattern. The authors' knowledge of this is the first series to combine high-resolution ultrasound with real-time elastography for the diagnosis of implant rupture. Since there are distinct differences between elastograms of intact and ruptured implants, addition of real-time elastography to conventional ultrasound may improve implant surveillance and obviate the need for magnetic resonance imaging.

### Level of Evidence: 3

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Over the past 25 years, the number of silicone breast implants for cosmetic or reconstructive surgery has increased substantially.<sup>1</sup> In 2006, the US Food and Drug Administration (FDA) recommended routine magnetic resonance imaging (MRI) evaluations for postoperative implant surveillance.<sup>2</sup> A MRI for detecting silicone breast implant rupture revealed sensitivity of 87.0% and specificity of 89.9%.<sup>2</sup> However, because diagnostic accuracy was 14-fold higher in symptomatic compared with asymptomatic patients, it was concluded that most of the studies considered for the meta-analysis were methodologically flawed because only patients with

symptoms were included.<sup>3</sup> In terms of expense and specific contraindications (eg, metallic implants, claustrophobia), MRI cannot be generally recommended as a screening method for implant rupture in asymptomatic women.

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# Recent Publications

## BREAST Outcomes Article

### Appropriate Use of Magnetic Resonance Imaging and Ultrasound to Detect Early Silicone Gel Breast Implant Rupture in Postmastectomy Reconstruction

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Implant-based reconstruction is the most popular technique of breast reconstruction after mastectomy. Implant rupture is one of the most important sequelae, resulting in a significant deterioration of aesthetic outcomes and requiring a further surgical procedure. Although extracapsular silicone leakage has been investigated in the past for correlation with autoimmune diseases, a

rate form of lymphoma, or other locoregional or systemic events, no increased risk of connective tissue diseases or cancer is evident in women with extracapsular ruptures.<sup>1-4</sup> However, revision procedures after ruptured implants may increase the risk of local adverse events such as capsular contracture, scarring, pain, and aesthetic failure.<sup>2,5</sup>

The true prevalence of implant ruptures in asymptomatic patients is unknown.<sup>6,7</sup> Implant rupture can occur in the early period after implantation or following a long interval. Its prevalence increases with implant age. Hölmi et al.<sup>8</sup> found 2 percent of ruptured prostheses at 5 years' and

**Background:** Implant rupture is one of the most important sequelae of breast reconstruction after mastectomy. The primary aim of this study was to compare magnetic resonance imaging and ultrasound evaluation with intraoperative findings and provide a reliable description of the occurrence of each radiological sign.

**Methods:** The authors prospectively recruited a consecutive series of 102 post-mastectomy patients requiring implant change for aesthetic purposes. Magnetic resonance imaging and ultrasound evaluation results were compared with intraoperative findings. Sensitivity, specificity, positive predictive value, and negative predictive value, and the overall accuracy of magnetic resonance imaging and ultrasound in detecting ruptured implants were calculated, along with their corresponding 95 percent confidence intervals.

**Results:** Magnetic resonance imaging performs better than ultrasound for diagnosis of breast implant rupture, with overall accuracies of 94 and 72 percent, respectively. The negative predictive value of ultrasound was 85 percent, meaning that in the case of negative ultrasound findings, magnetic resonance imaging may be avoided. Tear-drop sign and water droplets are the most common findings on magnetic resonance imaging.

**Conclusions:** Magnetic resonance imaging should be considered the method of choice for investigating silicone gel implant rupture in postmastectomy patients, and the standardization of magnetic resonance imaging criteria may improve magnetic resonance imaging accuracy. The authors therefore suggest a strategy of screening asymptomatic women with ultrasound every year and with magnetic resonance imaging every 5 years. (*Plast. Reconstr. Surg.* 134: 13e, 2014.)

**CLINICAL QUESTION/LEVEL OF EVIDENCE:** Diagnostic, II.

**Disclosure:** The authors have no financial interest in any of the products or devices mentioned in this article.

## DISCUSSION Outcomes Article

### Discussion: Appropriate Use of Magnetic Resonance Imaging and Ultrasound to Detect Early Silicone Gel Breast Implant Rupture in Postmastectomy Reconstruction

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Current strategies for assessing breast implant rupture include visual inspection, palpation, mammography, ultrasound, computed tomography, and magnetic resonance imaging. Visual inspection is usually not useful but may provide clues regarding rupture, especially when a contour abnormality is noted with different maneuvers, such as arm raising. Palpation is also limited and has been demonstrated to have a sensitivity of only 30 percent. Mammography has limited benefit and is considered useful for detecting extracapsular rupture but limited for intracapsular rupture. Standard resolution ultrasound is useful for extracapsular but not intracapsular rupture. Computed tomography scanning is associated with ionizing radiation and is not recommended for routine screening. Magnetic resonance imaging is useful for intracapsular and extracapsular rupture and is the current accepted standard.

In 2006, following the approval of the use of silicone gel breast implants in the United States, the Food and Drug Administration recommended that all women with silicone gel breast implants undergo screening with magnetic resonance imaging 3 years after implantation and every 2 years thereafter.<sup>1</sup> To many patients and surgeons, this recommendation was considered excessive and unrealistic, primarily because of the inconvenience imposed on the majority of patients, as most were asymptomatic, but also because of the associated high costs. In order to lessen the inconvenience and reduce the cost associated with routine magnetic resonance imaging, various strategies have been considered and studied. As healthcare costs continue

to escalate, there will be a strong emphasis by third-party payers, governments, and hospitals to reduce costs. Cost reduction must be balanced with safety and efficacy standards that have been well established.

In the article "Appropriate Use of Magnetic Resonance Imaging and Ultrasound to Detect Early Silicone Gel Implant Rupture in Postmastectomy Reconstruction," the authors from the newly studied this issue and concluded that magnetic resonance imaging should be considered the method of choice to definitively investigate silicone gel implant rupture in postmastectomy women.<sup>2</sup> This conclusion was based on calculations of sensitivity, specificity, negative predictive value, and positive predictive value for both magnetic resonance imaging and ultrasound. The overall accuracy for magnetic resonance imaging was 94 percent, whereas that for ultrasound was 72 percent. The authors acknowledge that the cost of magnetic resonance imaging is an issue and that ultrasound will continue to have a role. Thus, for asymptomatic patients, magnetic resonance imaging was recommended. For asymptomatic patients, yearly ultrasound examinations are sufficient as long as the patient remains asymptomatic, with magnetic resonance imaging examination every 3 years. Although the study has a level 2 evidence rating because all patients were prospectively enrolled, it may be more appropriate to classify this as level 3 evidence because almost all patients had the same diagnostic examination, there was no randomization, and there was no control group.

**Disclosure:** Dr. Nahabedian is a speaker and a consultant for LifeCell Corporation and Sientra. He receives honoraria for speaking and consulting. No consultation or funding was received in preparation of this article.

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